

RECOMMENDATIONS:

Take 2-3 capsules 2 times daily after meals or as directed by your health care provider.

Not recommended during pregnancy or nursing without consulting your health care provider prior to use. Keep away from children. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.

LIQUID PHYTO-CAPS™ deliver a concentrated liquid herbal extract in a 100% vegetarian capsule. Manufactured exclusively by Gaia Herbs, Inc.

**Contains no animal
by-products and no gelatin**

Tested **FREE of
Heavy Metal Toxicity**



gaia
HERBS | PROFESSIONAL
SOLUTIONS

FENUGREEK SEED

Liquid Phyto-Caps™

Purity. Integrity. Potency.

60 LIQUID-FILLED CAPSULES • 100% VEGETARIAN

A DIETARY SUPPLEMENT

Supplement Facts

Serving Size 2 Capsules

Servings Per Container 30

Amount Per 2 Capsules

Calories 20

TOTAL ALCOHOL FREE EXTRACTS: 380mg†

Fenugreek seed (*Trigonella foenum-graecum*) ▲

†Daily Value not established.

Other ingredients: Vegetable glycerin, vegetable cellulose (capsule).

▲ = Organic Ingredient

Each 2 capsules contain 2,400 mg crude herb equivalent
Gaia Herbs Liquid Phyto-Caps™ U.S. Patent No. 6,238,696 B1

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Best By:

Professional Solutions is a division of Gaia Herbs Inc.,
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