

ACTUAL SIZE

Manufactured by NOW FOODS, BLOOMINGDALE, IL 60108

Made in the U.S.A.

www.nowfoods.com

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Calcium & Magnesium are essential minerals that work synergistically with one another to promote enhanced absorption. Calcium is necessary for strong bones and teeth, and Magnesium is important for healthy enzymatic activity.*

SUGGESTED USAGE: As a dietary supplement, take 2 tablets daily. Consider taking this product in combination with these NOW® products: OsteoBoron™, Vitamin D and Zinc.

Calcium & Magnesium

SUPPORTS BONE HEALTH

- High Potency
- Synergistic Formula*

250 Tablets

A Dietary Supplement
Vegetarian Formula



Supplement Facts

Serving Size 2 Tablets

Servings Per Container 125

	Amount Per Serving	% Daily Value
Calcium (from 80% Carbonate, 10% Citrate, 10% Amino Acid Chelate)	1.0 g (1,000 mg)	100%
Magnesium (from 80% Oxide, 10% Citrate, 10% Amino Acid Chelate)	500 mg	125%

Other ingredients: Cellulose, Stearic Acid (vegetable source), Croscarmellose Sodium, Magnesium Stearate (vegetable source) and Vegetable Coating.

Contains no sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk, egg, shellfish or preservatives.

Vegetarian/Vegan Product.

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place. Please Recycle.