


CODE 1268 

**SUGGESTED USAGE:** Shake well. As a dietary supplement, take 1 tablespoon 1 to 2 times daily. Can be taken undiluted, or mixed with water or juice. Not for pet use. Consider taking this product in combination with NOW® OsteoBoron™ and Zinc.

**SHAKE VIGOROUSLY BEFORE USE.**

**REFRIGERATE AFTER OPENING TO PRESERVE FLAVOR.**

Calcium is an important mineral best known for its role in the formation of bone and teeth. Magnesium is another key mineral that plays a complementary role in bone formation. In addition, Boron and Vitamin D have been included in this product because they play an essential role in bone metabolism.

Calcium also serves as an integral cofactor in numerous biochemical reactions and Magnesium is known to be involved in more than 300 metabolic reactions. In addition, Magnesium and Calcium work together in several physiological systems, providing support for the maintenance of healthy cardiovascular function as well as for healthy muscle function.\*

Note: This is a thick liquid due to the concentrated levels of the superior Calcium and Magnesium Citrate forms.



# Liquid Cal-Mag

**SUPPORTS BONE HEALTH\***

- Superior Citrate Forms
- With Boron and Vitamin D

**Lemon Flavor**

**Net 16 fl. oz. (473 mL)**

**A Dietary Supplement    Vegetarian Formula**

*Xylitol  
Sweetened*



## Supplement Facts

Serving Size 1 Tablespoon (15 mL)  
Servings Per Container 31

	Amount Per Serving	% Daily Value
Calories	40	
Total Carbohydrate	9.5 g	3%*
Sugar Alcohol (as Xylitol)	3 g	†
Vitamin D (as Ergocalciferol)	400 IU	100%
Calcium (from Calcium Citrate)	500 mg	50%
Magnesium (from Magnesium Citrate)	250 mg	63%
Boron (from Boron Amino Acid Chelate)	1 mg	†

\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

Other ingredients: De-ionized Water, Glycerin, Xylitol, Malic Acid, Natural Lemon Flavor, Potassium Sorbate (as preservative), Xanthan Gum, Cellulose and Mixed Tocopherols (soy).

Manufactured by NOW FOODS  
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108  
Made in the U.S.A.  
[www.nowfoods.com](http://www.nowfoods.com)

Contains no salt, yeast, wheat, gluten, milk, egg, shellfish, or artificial colors or flavors. **Vegetarian/Vegan Product.**

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

