

CODE 1243

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*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

and bone structure.*

Vitamin D₃ is included for its synergism with calcium and magnesium and its role in the maintenance of mineral homeostasis and bone structure.*

NOW® Calcium & Magnesium Citrate Powder with Vitamin D₃

is an optimal bone structure support formula designed by NOW's certified nutritionists. It contains key nutrients that play essential roles in bone metabolism. The citrate forms of calcium and magnesium are highly absorbable and support not only strong bones and teeth but muscle and nerve function as well.

teaspoons (4.5 g) of powder into at least 8 oz. of juice or water.

Take daily with meals. This product must be diluted into a liquid before ingestion. Consider taking this product in combination

with NOW® OsteoBoron®, Vitamin D and Zinc.

Citrate Powder with Vitamin D₃

- 1:1 Mineral Ratio
- Enhanced Mixability

Net Wt. 8 oz. (227 g)

A Dietary Supplement

Calcium & Magnesium

SUPPORTS BONE HEALTH*



Supplement Facts

Serving Size 1 1/4 Level Teaspoons (4.5 g)

Servings Per Container 50

	Amount Per Serving	% Daily Value
Vitamin D ₃ (as Cholecalciferol)	200 IU	50%
Calcium (from Calcium Citrate)	400 mg	40%
Magnesium (from Magnesium Citrate)	400 mg	100%

Other ingredients: None.

Manufactured by NOW FOODS

395 S. Glen Ellyn Rd., Bloomingdale, IL 60108

Made in the U.S.A. www.nowfoods.com

Contains soy derivative. Contains no sugar, salt, yeast, wheat, gluten, milk, egg, shellfish or preservatives.

This product is sold by weight not volume.

Store in a cool, dry place. Please Recycle.