

ACTUAL SIZE

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CODE 1265B V3

L-Opti-Zinc® is a registered trademark product of InterHealth Co.  
Store in a cool, dry place. Please Recycle.

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

NOW® Cal-Mag Caps contains the minerals that are essential for bone health. In addition to Calcium and Magnesium, Cal-Mag Caps provide chelated, highly absorbable forms of Zinc, Copper and Manganese, three trace minerals known to support healthy bone metabolism. Vitamin D has also been included to support Calcium metabolism.\*

**SUGGESTED USAGE:** As a dietary supplement, take 2 capsules daily, in divided doses, with food.

# Cal-Mag Caps

**SUPPORTS BONE HEALTH\***

- With Trace Minerals and Vitamin D

**120 Capsules**

A Dietary Supplement



## Supplement Facts

Serving Size 2 Capsules    Servings Per Container 60

|                                                             | Amount<br>Per Serving | % Daily<br>Value |
|-------------------------------------------------------------|-----------------------|------------------|
| Vitamin D-3 (as Cholecalciferol)                            | 500 IU                | 125%             |
| Calcium<br>(from 80% Carbonate, 10% Citrate, 10% Malate)    | 500 mg                | 50%              |
| Magnesium<br>(from 80% Mag. Oxide, 10% Citrate, 10% Malate) | 250 mg                | 63%              |
| Zinc<br>(from L-Opti-Zinc® Monomethionine)                  | 7.5 mg                | 50%              |
| Copper (from Amino Acid Chelate)                            | 0.5 mg                | 25%              |
| Manganese (from Amino Acid Chelate)                         | 2.5 mg                | 125%             |
| Trace Mineral Concentrate                                   | 50 mg                 | †                |

† Daily Value not established.

Other ingredients: Gelatin (capsule) Magnesium Stearate (vegetable source) and Cellulose.

Manufactured by NOW FOODS, 395 S. Glen Elyn Rd.

Bloomington, IL 60108    Made in the U.S.A.    [www.nowfoods.com](http://www.nowfoods.com)

Contains no sugar, salt, yeast, wheat, gluten, soy, milk, egg, shellfish or preservatives.