

SOFTGEL SIZE

Made in the USA



CODE 1251 V7

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Store in a cool, dry place after opening. Please Recycle.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

NOW® Calcium & Magnesium Softgels include Vitamin D and Zinc and offer a truly balanced blend of essential minerals. This formula supports strong bones and teeth, as well as healthy enzymatic activity.* Delivered via softgel, this formula is more easily absorbed and assimilated than capsules or tablets.

SUGGESTED USAGE: As a dietary supplement, take 3 softgels daily, preferably with food.

**EASILY
ABSORBED**



Calcium & Magnesium

SUPPORTS BONE HEALTH*

Softgel

• With Vitamin D and Zinc

120 Softgels

A Dietary Supplement



Supplement Facts

Serving Size 3 Softgels Servings Per Container 40

	Amount Per Serving	% Daily Value
Vitamin D ₃ (as Cholecalciferol) (from Lanolin)	600 IU	150%
Calcium (from Calcium Carbonate & Citrate)	1 g (1,000 mg)	100%
Magnesium (from Magnesium Oxide & Citrate)	500 mg	125%
Zinc (from Zinc Oxide)	10 mg	67%

Other Ingredients: Rice Bran Oil, Softgel Capsule (gelatin, glycerin, water, calcium carbonate), Soy Lecithin and Yellow Beeswax.

Formulated & Distributed by NOW FOODS

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For more product information visit www.nowfoods.com/1251

Not manufactured with wheat, gluten, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.