

ACTUAL SIZE



CODE 1232B

V5

Store in a cool, dry place. Please Recycle.

Do Not Eat Freshness Packet. Keep in Bottle.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Calcium Citrate is a readily digested and absorbed form of Calcium. The minerals and Vitamin D are added because of their essential role in bone metabolism.*

SUGGESTED USAGE: As a dietary supplement, take 2 tablets daily, preferably with food.



Calcium Citrate

SUPPORTS BONE HEALTH

- Synergistic Formula for Bone Metabolism including Magnesium & Vitamin D*
- Highly Bioavailable Calcium

250 Tablets

A Dietary Supplement
Vegetarian Formula



Supplement Facts

Serving Size 2 Tablets

Servings Per Container 125

	Amount Per Serving	% Daily Value
Vitamin D (from Ergocalciferol - a vegetarian source)	400 IU	100%
Calcium (from Calcium Citrate)	600 mg	60%
Magnesium (from Magnesium Oxide and Magnesium Aspartate)	300 mg	75%
Zinc (from Amino Acid Chelate)	15 mg	100%
Copper (from Amino Acid Chelate)	1 mg	50%
Manganese (from Amino Acid Chelate)	5 mg	250%

Other ingredients: Cellulose, Stearic Acid (vegetable source), Croscarmellose Sodium, Magnesium Stearate (vegetable source), Silica and Vegetarian Coating.

Manufactured by NOW FOODS, 395 S. Glen Ellyn Rd.

Bloomington, IL 60108 Made in the U.S.A. www.nowfoods.com

Contains soy derivative. Contains no sugar, salt, yeast, wheat, gluten, milk, egg, shellfish or preservatives. **Vegetarian/Vegan Product.**