

ACTUAL SIZE

Store in a cool, dry place. Please Recycle.

Do Not Eat Freshness Packet. Keep in Bottle.

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

**SUGGESTED USAGE:** As a dietary supplement, take 2 tablets daily, preferably with food.

Calcium Citrate is a readily digested and absorbed form of Calcium. The minerals and Vitamin D are added because of their essential role in bone metabolism.\*



# Calcium Citrate

**SUPPORTS BONE HEALTH**

- Synergistic Formula for Bone Metabolism including Magnesium & Vitamin D\*
- Highly Bioavailable Calcium

**100 Tablets**

A Dietary Supplement  
Vegetarian Formula



## Supplement Facts

Serving Size 2 Tablets    Servings Per Container 50

|                                                             | Amount Per Serving | % Daily Value |
|-------------------------------------------------------------|--------------------|---------------|
| Vitamin D<br>(from Ergocalciferol - a vegetarian source)    | 400 IU             | 100%          |
| Calcium (from Calcium Citrate)                              | 600 mg             | 60%           |
| Magnesium<br>(from Magnesium Oxide and Magnesium Aspartate) | 300 mg             | 75%           |
| Zinc (from Amino Acid Chelate)                              | 15 mg              | 100%          |
| Copper (from Amino Acid Chelate)                            | 1 mg               | 50%           |
| Manganese (from Amino Acid Chelate)                         | 5 mg               | 250%          |

Other ingredients: Cellulose, Stearic Acid (vegetable source), Croscarmellose Sodium, Magnesium Stearate (vegetable source), Silica and Vegetarian Coating

Manufactured by NOW FOODS, 395 S. Glen Ellyn Rd.

Bloomington, IL 60108    Made in the U.S.A.    [www.nowfoods.com](http://www.nowfoods.com)

Contains soy derivative. Contains no sugar, salt, yeast, wheat, gluten, milk, egg, shellfish or preservatives    **Vegetarian/Vegan Product.**