

DYMATIZE
NUTRITION

ELITE RECOUP

Advanced Amino Recovery



DIETARY
SUPPLEMENT

TROPICAL SPLASH

NATURALLY & ARTIFICIALLY FLAVORED

NET WT 0.27 LB (123g)

**10
SERVINGS**

Supplement Facts

Serving Size: 1 Heaping Scoop (12.3g)
Servings Per Container: 10

Amount Per Serving	%Daily Value*
Vitamin B1 (as Thiamin HCL)	1.5 mg 100%
Vitamin B2 (as Riboflavin)	1.7 mg 100%
Vitamin B3 (as Niacin)	20 mg 100%
Vitamin B5 (as Pantothenic Acid)	9 mg 90%
Vitamin B6 (as Pyridoxine HCL)	2 mg 100%
Vitamin B12 (as Cyanocobalamin)	3.5 mcg 60%
Vitamin C (as Ascorbic Acid)	60 mg 100%
L-Leucine	3.6 g †
L-Glutamine	2.5 g †
L-Isoleucine	1.8 g †
L-Valine	1.8 g †
Citrulline Malate & Hydrogen Citrate	1 g †

*Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

INGREDIENTS: Citric Acid, Natural & Artificial Flavors, Acesulfame Potassium, Sucralose, Ascorbic Acid, Silicon Dioxide, Niacin, Red #40, Calcium D-Pantothenate, Pyridoxine HCL, Riboflavin, Thiamin HCL, Cyanocobalamin.

DIRECTIONS: Mix 1 heaping scoop (12.3 grams) with 6-10 ounces of water. Due to the natural resistance BCAAs have to liquids, some settling may occur on both the top and bottom of the solution.

For Maximum Results, Consume the Following:^x

Pre-Workout: <150 pounds = 2 heaping scoops
(complete consumption 150-200 pounds = 3 heaping scoops
during workout) 200+ pounds = 4 heaping scoops

Post-Workout: 2 heaping scoops immediately after workout

**MANUFACTURED FREE OF BANNED SUBSTANCES
IN A NSF GMP FOR SPORT™ REGISTERED FACILITY**



BUILDING BETTER BODIES®
DYMATIZE.COM

Manufactured & Distributed by:
Dymatize Enterprises, LLC
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(888) 334-LEAN / (972) 732-1990

**7.2g Pharmaceutical Grade
BCAAs per Serving**
2.5g Glutamine per Serving
Added B Vitamin Complex

Elite Recoup utilizes AjiPure® 100%
Pharmaceutical grade Glutamine & BCAAs,
sourced from Ajinomoto AminoScience.

AjiPure is a registered trademark of Ajinomoto AminoScience LLC.

^xThese statements have not been evaluated by the Food
and Drug Administration. This product is not intended
to diagnose, treat, cure, or prevent any disease.

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