

RECOMMENDATIONS:

Take 1 capsule 2 times daily between meals or as directed by your health care provider.

Not to be used during pregnancy or lactation. If you have a medical condition or take pharmaceutical drugs please consult with your doctor before using this product. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.

LIQUID PHYTO-CAPS™ deliver a concentrated liquid herbal extract in a 100% vegetarian capsule. Manufactured exclusively by Gaia Herbs, Inc.

Contains no animal by-products and no gelatin

Tested FREE of Heavy Metal Toxicity



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HERBS | PROFESSIONAL
SOLUTIONS

BLACK COHOSH

Liquid Phyto-Caps™

Purity. Integrity. Potency.

60 LIQUID-FILLED CAPSULES • 100% VEGETARIAN

A DIETARY SUPPLEMENT

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

Amount Per 2 Capsules

Calories 20

TOTAL ALCOHOL FREE EXTRACT: 80 mg†
Black Cohosh root + (*Actaea racemosa*)

VALIDATED FULL SPECTRUM PROFILE
Triterpene Glycosides 4 mg†

†Daily Value not established.

Other ingredients: Vegetable glycerin, soy lecithin, vegetable cellulose (capsule)

+ = Ecologically Harvested

Each 2 capsules contain 2,000 mg dry herb equivalent
Gaia Herbs Liquid Phyto-Caps™
U.S. Patent No. 6,238,696 B1

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Best By:

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