

RECOMMENDATIONS:

Take 1 capsule twice daily or as directed by your health care provider.

Not recommended during pregnancy or nursing without consulting your health care provider prior to use. Keep away from children. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.

LIQUID PHYTO-CAPS™ deliver a concentrated liquid herbal extract in a 100% vegetarian capsule. Manufactured exclusively by Gaia Herbs, Inc.

**Contains no animal
by-products and no gelatin**

Tested **FREE of
Heavy Metal Toxicity**



gaia
HERBS | PROFESSIONAL
SOLUTIONS

ASHWAGANDHA

Liquid Phyto-Caps™

Purity. Integrity. Potency.

60 LIQUID-FILLED CAPSULES • 100% VEGETARIAN

A DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 60

Amount Per 1 Capsule

Calories 10

TOTAL ALCOHOL FREE EXTRACT: 350mg†

Ashwagandha root ▲ (*Withania somnifera*)

VALIDATED FULL SPECTRUM PROFILE

Withanolides 2.5 mg†

†Daily Value not established.

Other ingredients: Vegetable glycerin, vegetable cellulose (capsule)

▲ = Certified Organic Ingredient

Each 1 capsule contains 1,000 mg dry herb equivalent
Gaia Herbs Liquid Phyto-Caps™ U.S. Patent No. 6,238,696 B1

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Best By:

Professional Solutions is a division of Gaia Herbs Inc.,
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[02] 1214-0411