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This product has been developed, manufactured and packaged by Vitamin World. Our world-class facilities allow us to control exactly what goes into each product. It is your assurance that you are getting the highest quality and freshest products. **You have our guarantee!**

No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

**WARNING:** If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER PROD. # **16615**  
[www.vitaminworld.com](http://www.vitaminworld.com)  
**1-800-228-4533**

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**VITAMIN WORLD**  
get healthy.



# ORGANIC COCONUT OIL 1000MG

with Lauric Acid  
Natural Energy Source\* • Essential Fatty Acids

Dietary Supplement

**120** Rapid Release  
Softgels

**DIRECTIONS:** For adults, take two (2) softgels twice daily, preferably with a meal.

## Supplement Facts

Serving Size 2 Softgels

Servings Per Container 60

Amount Per Serving	%Daily Value
Calories	25
Calories from Fat	25
Total Fat	2.5 g 4%**
Saturated Fat	2.5 g 12%**
Protein	<1 g **
Organic Coconut Oil ( <i>Cocos nucifera</i> ) (fruit) which typically contains:	2,000 mg (2 g) ***
Lauric Acid	880 mg ***
Myristic Acid	260 mg ***
Caprylic Acid	106 mg ***
Palmitic Acid	150 mg ***
Capric Acid	90 mg ***
Oleic Acid	100 mg ***
Stearic Acid	20 mg ***
Linoleic Acid	20 mg ***

\*\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*\*Daily Value not established.

**Other Ingredients:** Gelatin, Medium Chain Triglycerides, Vegetable Glycerin, Titanium Dioxide Color.

Coconuts are enjoyed in tropical regions around the world as a delectable fruit. Now you can enjoy the benefits of Organic Coconut Oil in a convenient softgel. Along with essential fatty acids, Coconut oil contains Medium Chain Triglycerides (MCTs). MCTs are oxidized differently in the body than other fats, making Coconut Oil a readily available energy source.\*