NEW POWERFUL FORMULA

At its core, MONSTER PUMP NOS generates what you want - intense mental focus & energy, enhanced Nitric Oxide levels, and explosive muscle power. What you see on the label is what you get - a comprehensive range of powerful ingredients at active dosages. No mystery proprietary blends, no fillers, just fully disclosed functional ingredient technology.

WARNING: DO NOT USE IF YOU ARE UNDER THE AGE OF 18 OR ELDERLY. DO NOT TAKE WITH ANY OTHER STIMULANT OR WEIGHT-LOSS SUPPLEMENT OR ANY PRESCRIPTION OR OVER THE COUNTER MEDICINE. DO NOT EXCEED 3 SERVINGS IN A 24 HOUR PERIOD. Do not use if you are pregnant or nursing or at risk of being treated for high-blood pressure, heart disease, hyperthyroidism, spasms, psychiatric disease, suffer from migraines, have asthma, or are taking asthma medication. Discontinue use if you experience dizziness headache, nausea, or heart palpitations. If you have trouble sleeping, do not take within 6 hours of bedtime. KEEP OUT OF REACH OF CHILDREN. This product should only be used by healthy adults age 18 and older. This produc contains the amino acid Beta-Alanine, which may cause a tingling skin sensation in some individuals. This effect should diminish after a few hours.

NEW POWERFUL FORMULA

*Our products are manufactured in compliance with NSF International's GMP for Sport" Registration, including semi-annual audits, verifying that no NSF 306-Certification Guideline Annex A List

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to treat, cure, prevent or diagnose any disease.



A POWERFUL NITRIC OXIDE SYNTHASE (NOS) ACTIVATOR THAT ELPS TRIGGER MUSCLE PUMPS FOR A SURGE OF NUTRIENT DELIVERY **

NEW POWERFUL FORMULA



FOR ENHANCED NITRIC OXIDE SYNTHESIS CELL VOLUMIZATION AND NUTRIENT DELIVERY TO



PURE CREATINE MONO-HYDRATE FOR EXPLOSIVE



MUSCLE POWER OUTPUT* LEUCINE PEPTIDES FOR ENHANCED LEUCINE BIOAVAILABILITY TO TRIGGER mTOR PATHWAY MUSCLE



FOR ENHANCED STRENGTH,



ANAEROBIC & AEROBIC CAPACITY. AND DELAYED MUSCLE FATIGUE**

Carnipure 2

FOR CELLULAR ENERGY PRODUCTION AND DELAYED MUSCLE FATIGUE** Carnipure" offers purest L-Carnitine and is a trademark of Lonza. Switzerland.

DIETARY SUPPLEMENT NETWT 16.1 OZ (1 LBS/456g)

TASTE SATISFACTION GUARANTEED

BLUE RASPBERRY

NEW POWERFUL FORMULA

PRE-TRAINING NITRIC OXIDE ENERGY CATALYST

NEW POWERFUL FORMULA BUILDING ATHLETES FROM THE INSIDE OUT!*



PRE

BANNED SUBSTANCES

NEW POWERFUL FORMULA

Supplement Facts

Serving Size 15.2g (1 scoop) Servings Per Container approx 30

NEW POWERFUL FORMULA

Amount Per Serving		% D1
Calories	5	
Total Carbohydrate	1g	11
Sugars	0g	
Vitamin C (as ascorbic acid)	250mg	410
Vitamin B6 (as pyridoxal-5-phosphate)	6mg	250
Vitamin B12 (as cyanocobalamin)	60mcg	1000
Sodium	70mg	3
Potassium	80mg	2
Monster Pump NOS Matrix	12.5g	
Citrulline Malate	3,000mg	
L-Arginine (Ajipure®)	2,000mg	
Actinose2 (Whey Peptide Fraction)	85mg	
Creatine Monohydrate (Creapure®)	1,500mg	
Leucine Peptides (PepForm™)	1,500mg	
CarnoSyn® Beta-Alanine	1,000mg	
Betaine Anhydrous	1,000mg	
Alpha Lipoic Acid	50mg	
L-Carnitine (Carnipure™)	1,000mg	
Taurine	1,000mg	
Caffeine	150mg	
Glucuronolactone	300mg	

*Percent Daily Values are based on a 2,000 calorie diet.

**Percent Daily Value not established.

For Information on CytoSport Quality Products or to report adverse effects

Call 1-888-298-6629 or email productagestions@cvtosport.com Manufactured by CytoSport, Benicia, CA 94510 www.cytosport.com

OTHER INGREDIENTS CITRIC ACID, NATURAL AND ARTIFICIAL FLA-VOR, MALIC ACID, SODIUM CITRATE, POTASSIUM CITRATE, FRUIT AND VEGETABLE EXTRACT (ADDED FOR COLOR), ACESULFAME POTAS-SIUM, SUCRALOSE, CARMINE (ADDED FOR COLOR), SOY LECITHIN. **ALLERGEN STATEMENT** THIS PRODUCT CONTAINS INGREDIENTS DERIVED FROM MILK AND SOY

DIRECTIONS and USE



MONSTER PUMP NOS contains caffeine, Individuals highly sensitive to caffeine or other stimulants should not use this product. Read product warning prior to use. For best results consume approximately 10-30 minutes before training. First time users should start by mixing 1 scoop (15.2g) with 8 fl-oz of water. Experienced, tolerant users

NEW POWERFUL FORMULA / NE

may choose to mix 2 scoops (30.4g) with 16 fl-oz of water Experienced, highly tolerant users may mix up to 3 scoops (45.6g) with 16-24 fl-oz of water. Do not exceed 3 servings/scoops in a 24 hour period

Cytosport" products complement a healthful eating and hydration plan, that when combined with a balanced exercise program, may contribute to healthy weight management

and recovery from exercise. Do not use this product as your sole source of nutrition.

Actinos® is a registered trademark of Glanbia PLC and PepForm® is a trademark of Glanbia PLC

Carnipure" is a trademark of Lonza Ltd. Switzerland

Creapure[®] is a licensed registered trademark of AlzChem Trostberg GmbH.

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