This is an ideal daily multiple vitamin supplement for people who want nutritional intake with optimum bioavailability."

Suggested Use: Take one capsule daily as a dietary supplement.

WARNING: Consult a physician before use if you have been treated for or diagnosed with, or have a family history of, any medical condition(s). Keep out of the reach of children.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

SNAC System, Inc. Burlingame, CA 94010

www.snac.com 1-800-697-2086

MULTI-VITAMINS ONLY

VITAMINS A,C,E,D **B-COMPLEX VITAMINS**



A	mount per Serving	% Daily Value
Vitamin A	5,000 IU	100%
(as Palmitate and Beta Caroter	ne)	
Vitamin D	400 IU	100%
(as Cholecalciferol)(Menhaden)	
Vitamin E	100 IU	333%
(as D-Alpha Tocopheryl Succin	ate)	
Vitamin C (as Ascorbic Acid)	200 mg	333%
Vitamin B-1 (as Thiamin)	25 mg	1666%
Vitamin B-2 (as Riboflavin)	25 mg	1470%
Vitamin B-6 (as Pyridoxine HC)) 25 mg	1250%
Vitamin B-12 (as Cobalamin)	50 mog	833%
Niacin (as Niacinamide)	50 mg	250%
Pantothenic Acid	50 mg	500%
(as D-Ca pantothenate)		
Biotin	300 mcg	100%
Folic Acid	400 mcg	100%
Choline (as Bitartrate)	10 mg	N/A

Other Ingredients: Vegetable stearate, getatin and water.

10 mg

