ACTUAL SIZE

SUGGESTED USAGE: As a dietary supplement, take 1 softgel 1 to 2 times daily, preferably with meals. We highly recommend taking this product with a source of essential fatty acids such as NOW® Flax Oil, Evening Primrose Oil, Borage Oil or Omega-3 Fish Oil.

Coenzyme Q10 is a vitamin-like compound also called ubiquinone. It is an essential component of cells and is necessary for mitochondrial energy production. Years of research has shown that CoQ10 supports healthy cardiovascular and immune system functions in addition to its vital role in energy production.*

***These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.**

Do Not Eat Freshness Packet. Keep In Bottle.

Store in a cool, dry place. Please Recycle.

CODE 3192 V3

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NOW®

CoQ10

CARDIOVASCULAR HEALTH

50 mg

- Supports Healthy Heart Muscle*
- with Selenium & Vitamin E

50 Softgels

A Dietary Supplement

QUALITY GMP ASSURED

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Vitamin E (as d-alpha Tocopheryl Acetate)	30 IU	100%
Selenium (from L-Selenomethionine)	70 mcg	100%
Coenzyme Q10 (CoQ10)	50 mg	†

† Daily Value not established.

Other ingredients: Rice Bran Oil, Softgel Capsule (gelatin, glycerin, water, carob), Beeswax and Soy Lecithin.

Manufactured by NOW FOODS, 395 S. Glen Ellyn Rd. Bloomingdale, IL 60108 Made in the U.S.A. www.nowfoods.com

Contains no sugar, salt, starch, yeast, wheat, gluten, corn, milk, egg, shellfish or preservatives.

NOW® CoQ10 is Pharmaceutical Grade (USP). NOW CoQ10 products contain only the 100% natural, all-trans form of CoQ10 produced by fermentation.

Contains no titanium dioxide. Separation and color variation in the softgel may occur. This is natural and doesn't affect product quality.