

4 BOTTLES

POMEGRANATE BLUEBERRY
naturally flavored

FRS[®]
HEALTHY
DEFENSE[™]



FUELED BY
QUERCETIN[®]
ALL NATURAL ANTIOXIDANT

DIETARY SUPPLEMENT
4x12 Fl.Oz. (355mL) Bottles
48 Fl.Oz (1.42 L)

Make FRS[®] Your
First Line of Defense

- Promotes Year-round Health and Wellness
- Supports Immune System
- Provides 520% RDI of Vitamin C
- Tastes Great



- Only 20 Calories
- Clinically Proven Sustained Energy
- At Least 100% RDI of Vitamins D3, B1, B2, B3, B6, B12 and E
- Gluten Free and Non-GMO

4 BOTTLES

FRS[®] HEALTHY
DEFENSE[™]

Promote year-round health and wellness with amazingly delicious FRS[®] Healthy Defense[™], formulated with ingredients proven to support your immune system. Make FRS[®] your first line of defense.

FRS[®] Healthy Defense[™] contains:

- **EpiCor[®]** - All natural ingredient that supports the body's production of antibodies
- **Quercetin** - Powerful antioxidant that supports immunity and produces natural sustained energy
- **Vitamin D3** - Activates the immune system and aids in the absorption of calcium
- **Calcium** - Helps build strong bones and promotes healthy muscle function
- **8 Essential Vitamins** - Including 520% RDI of vitamin C

ABOUT FRS[®]: Originally developed by health scientists trying to provide sustained energy for chemotherapy patients, FRS[®] is powered by a patented formula containing Quercetin, a powerful all natural antioxidant, green tea catechins and essential vitamins. Together these ingredients work by naturally triggering your cells' ability to produce sustained energy... so you can focus on increasing your stamina to maximize performance.* Try FRS products for a week and feel the difference for yourself!

Recommended Intake: Have 2-3 servings of FRS[®] Healthy Defense[™] daily for best results.

Shake To Activate: Quercetin may settle and creates a natural yellow color for FRS[®].

- Promotes Year-round Health and Wellness
- Supports Immune System
- 520% RDI of Vitamin C
- As Much Calcium as an 8oz Glass of Milk

20 CALORIES
SHAKE WELL

REFRIGERATE AFTER OPENING

NO ARTIFICIAL FLAVORS,
COLORS OR PRESERVATIVES
GLUTEN FREE, NON-GMO
CONTAINS 3% FRUIT JUICE

Supplement Facts

Serving Size 1 Bottle (12 fl oz)

Amount Per Serving	% Daily Value
Calories 20	
Total Carbohydrate 4g	1%**
Dietary Fiber 2g	8%**
Sugars 2g	↑
Vitamin C 312mg	520%
Vitamin E 39IU	130%
Thiamine 2.0mg	130%
Riboflavin 2.2mg	130%
Niacin 26mg	130%
Vitamin B6 2.6mg	130%
Vitamin D3 600IU	100%
Vitamin B12 8mcg	130%
Calcium 333mg	33%
Quercetin 325mg	↑
Catechins 85mg	↑
EpiCor 250mg	↑

**Percent Daily Values based on a 2,000 cal. diet.
†Daily Values not established.

INGREDIENTS: Water, White Grape Juice Concentrate, Inulin, Natural Flavors, Quercetin (QU995[™]), Ascorbic Acid, Calcium Lactate, Dried Yeast Fermentate (EpiCor[®]), Phosphoric Acid, Acesulfame Potassium, Sucralose, Citric Acid, Green Tea Leaf Extract, d-Alpha Tocopherol Acetate (Vit E), Pectin, Xanthan Gum, Niacinamide (B3), Cholecalciferol (D3), Cyanocobalamin (B12), Pyridoxine Hydrochloride (B6), Thiamine Hydrochloride (B1), Riboflavin (B2).

Distributed by: The FRS Company
101 Lincoln Centre Dr.
Foster City, CA 94404

FRS SUPPORTS



TEAM
LIVESTRONG



430-0134



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FOR MORE INFO ABOUT THE
BENEFITS OF FRS, SCAN THE
CODE OR GO TO **FRS.COM**

