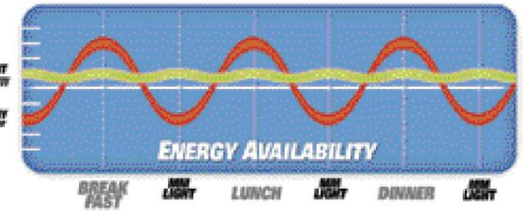
CytoSport has been overwhelmed by the amazing success of **Muscle Milk**. If there has been one repeated request, it's "Make Muscle Milk with less fat and fewer calories, but keep the **SAME GREAT MUSCLE MILK TASTE!**" Well… we heard you.

Introducing **Muscle Milk Light** – Same Great Performance – Same Great Taste – **1/3 the FAT and 44% FEWER CALORIES** than original **Muscle Milk**.

Muscle Milk Light is scientifically designed for individuals who want to maximize lean muscle gains while reducing caloric intake to help with weight management or weight loss.

Maintaining healthy blood sugar levels is the key to responsible weight control. Snack cravings and low energy levels are often the result of poor blood sugar management. With proper management, you don't have to sacrifice *how you feel* while you change *how you look*.

When used with balanced, portion controlled meals, **Muscle Milk Light** ensures proper energy and amino acid availability. This results in more daily energy, less hunger cravings, and more normalized insulin levels.



Two or three servings of **Muscle Milk Light** spaced between balanced, portion controlled meals helps provide long-lasting hunger satisfaction. **NEVER HUNGRY, MORE ENERGETIC.** When combined with resistance and weight training, this small portion technique will help promote lean muscle mass, the very element crucial to **BURNING STUBBORN, STORED FAT.**

Fueling your body with high quality nutrients is the smart way to manage your weight. **Muscle Milk Light** is the perfect solution to *fill the gaps* in your daily nutritional program. – **Enjoy!**

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 2 scoops (50g)
Servings Per Container 15

	Amount Per Serving	% Daily Value*
Calories	195	
Calories from Fat	50	
Total Fat	6g	9%
Saturated Fat	2.5g	14%
Cholesterol	5mg	2%
Sodium	115mg	5%
Potassium	620mg	18%
Total Carbohydrate	11g	4%
Dietary Fiber	1g	5%
Sugars	2g	
Protein	25g	50%
Vitamin A	1750 IU	35%
Vitamin C	21 mg	35%
Vitamin D	140 IU	35%
Vitamin E	11 IU	35%
Thiamin	0.5 mg	35%
Riboflavin	0.6 mg	35%
Niacin	7 mg	35%
Vitamin B6	0.7 mg	35%
Folate	140 mcg	35%
Vitamin B12	2.1 mcg	35%
Biotin	105 mcg	35%
Pantothenic Acid	4 mg	35%
Calcium	600 mg	60%
Iron	6 mg	35%
Phosphorous	350 mg	35%
Iodine	53 mcg	35%
Magnesium	140 mg	35%
Zinc	5 mg	35%
Copper	0.7 mg	35%
Chromium	105 mcg	30%

* Percentages Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

INGREDIENTS

EVO PRO™ (MICELLAR ALPHA AND BETA CASEINS AND CASEINATES, WHEY CONCENTRATES RICH IN ALPHA-LACTALBUMIN, WHEY ISOLATES, WHEY PEPTIDES, L-GLUTAMINE, TAURINE, LACTOFERRIN), MALTODEXTRIN, LEANLIPIDS™ (TRANS FAT FREE LIPID COMPLEX CONSISTING OF SUNFLOWER AND/OR SAFFLOWER OIL, MCT'S, CANOLA OIL, L-CARNITINE), COCOA POWDER, CYTOVITE I™ (VITAMIN AND MINERAL PREMIX CONSISTING OF VITAMIN A ACETATE, CHOLECALCIFEROL, D-ALPHA-TOCOPHEROL ACETATE, ASCORBIC ACID, FOLATE, THIAMINE MONONITRATE, RIBOFLAVIN, NIACINAMIDE, PYRIDOXINE HCL, CYANOCOBALAMIN, BIOTIN, PANTOTHENIC ACID, DI-CALCIUM PHOSPHATE, POTASSIUM IODIDE, POTASSIUM CHLORIDE, FERROUS FUMARATE, MAGNESIUM OXIDE, COPPER GLUCONATE, ZINC OXIDE, CHROMIUM NICOTINATE), FRUCTOSE, NATURAL AND ARTIFICIAL FLAVORS, ACESULFAME POTASSIUM, CELLULOSE GUM, XANTHAN GUM, CARRAGEENAN, SUCRALOSE, SOY LECITHIN.

ALLERGEN STATEMENT: THIS PRODUCT CONTAINS INGREDIENTS DERIVED FROM MILK AND SOY.

DIRECTIONS

For a rich, satisfying shake, mix two scoops (50g) into 10-12 fl-oz. of cold water. Use 2-3 servings per day.

For information on CytoSport quality products,
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www.cytosport.com

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