



CODE 1310 V1

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Magnesium Oxide is derived from ancient oceanic deposits and is a rich source of elemental magnesium. Magnesium is an essential mineral that plays a key role in the activation of amino acids for protein biosynthesis and is highly concentrated in intracellular fluid and bone.*

SUGGESTED USAGE: As a dietary supplement, take 1/4 level teaspoon daily, preferably with meals or in juices.



100% Pure Powder

- Supports Energy Production
- Critical for Enzyme Function*

Net. Wt. 8 oz. (227 g)
A Dietary Supplement



Supplement Facts

Serving Size 1/4 Teaspoon (700 mg)
Servings Per Container 324

Amount Per Serving	%Daily Value
Magnesium (as Magnesium Oxide) 400 mg	100%

Other ingredients: None

Contains no yeast, milk, wheat, gluten, egg, corn or soy.

Manufactured by NOW FOODS, BLOOMINGDALE, IL 60108
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