

ACTUAL SIZE



CODE 1300

V2

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Magnesium is a mineral that is critical for energy production and metabolism, muscle contraction, nerve impulse transmission and bone mineralization. It is required cofactor for an estimated 300 enzymes. Among the reactions catalyzed by these enzymes are fatty acid synthesis, protein synthesis and glucose metabolism. Malate is an important Krebs Cycle intermediate, indicating that it is an important molecule in the production of cellular energy derived from carbohydrates.*

SUGGESTED USAGE: As a dietary supplement, take 1 tablet 3 times daily, preferably with meals. Consider taking this product in combination with NOW® Magnesium, OsteoBoron®, Vitamin D and Zinc.

Magnesium Malate

NERVOUS SYSTEM SUPPORT*

1000 mg

• 150 mg of Elemental Magnesium

180 Tablets

A Dietary Supplement Vegetarian Formula



Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Calcium (from Calcium Carbonate)	100 mg	10%
Magnesium (from 1000 mg Magnesium Malate)	150 mg	38%

Other ingredients: Cellulose, Croscarmellose Sodium, Stearic Acid (vegetable source), Magnesium Stearate (vegetable source) and Silica.

Manufactured by NOW FOODS, 395 S. Glen Ellyn Rd.

Bloomington, IL 60108 Made in the U.S.A. www.nowfoods.com

Contains no sugar, salt, soy, wheat, gluten, milk, shellfish or preservatives.

Vegetarian/Vegan Product.

Magnesium Malate is a fully reacted mineral supplement. It contains a minimum of 60% Malic Acid.

Store in a cool, dry place. Please Recycle.