

ACTUAL SIZE



CODE 1294 V2

Manufactured by NOW FOODS, BLOOMINGDALE, IL 60108
Made in the U.S.A.
www.nowfoods.com

CAUTION: PLEASE DISCARD THE INEDIBLE FRESHNESS PACKET ENCLOSED.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

nationwide.

SUGGESTED USAGE: As a dietary supplement, take 3 Vcaps® daily, in divided doses, preferably with meals. Magnesium Citrate is produced from the synthesis of Magnesium Carbonate and Citric Acid and is a readily bioavailable source of this key mineral. It plays key roles in the activation of amino acids for protein biosynthesis and is highly concentrated in intracellular fluid and bone.* Look for other fine NOW products in health food stores nationwide.

Magnesium Citrate

NERVOUS SYSTEM SUPPORT

- Supports Energy Production
- Critical for Enzyme Function*

120 Vcaps®

A Dietary Supplement
Vegetarian Formula



Supplement Facts

Serving Size 3 Vcaps®

Servings Per Container 40

	Amount Per Serving	% Daily Value
Calories	7	
Total Carbohydrate	1.7 g	< 1%*
Magnesium (from Magnesium Citrate)	500 mg	125%

* Percent Daily Values are based on a 2,000 calorie diet.

Other ingredients: Cellulose (capsule), Silica and Magnesium Stearate (vegetable source).

Contains no sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk or preservatives.

Vegetarian Formula.

Vcaps® is a registered trademark of Capsugel.