

ACTUAL SIZE



CODE 3163

V4

Contains no titanium dioxide. Separation and color variation in the softgel is natural and doesn't affect product quality. Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place. Please Recycle.

This statements have not been evaluated by the FDA.

This product is not intended to diagnose, treat, cure or prevent any disease.

contaminants).

The Natural Fish Oil Concentrate used in this softgel is manufactured under strict quality control standards. It is tested to be free of potentially harmful levels of contaminants (i.e. mercury, heavy metals, PCB's, dioxins, and other contaminants).

Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.

100% natural, all-trans form of CoQ10

Coenzyme Q10 is a vitamin-like compound also called ubiquinone. It is an essential component of cells and is necessary for mitochondrial energy production. Years of research has shown that CoQ10 supports healthy cardiovascular and immune system functions in addition to its vital role in energy production.\* NOW's CoQ10 is Pharmaceutical Grade. NOW uses only the

**SUGGESTED USAGE:** As a dietary supplement, take 1 softgel 1 to 2 times daily with food.

# CoQ10

CARDIOVASCULAR HEALTH

## 60 mg

### with Omega-3 Fish Oil

• Supports Healthy Heart Muscle\*

## 60 Softgels

A Dietary Supplement



## Supplement Facts

Serving Size 1 Softgel

|                                   | Amount<br>Per Serving | % Daily<br>Value |
|-----------------------------------|-----------------------|------------------|
| Calories                          | 5                     |                  |
| Calories from Fat                 | 5                     |                  |
| Total Fat                         | 0.5 g                 | 1%*              |
| Trans Fat                         | 0 g                   | †                |
| Vitamin E (as d-alpha Tocopherol) | 10 IU                 | 33%              |
| Coenzyme Q10 (CoQ10)              | 60 mg                 | †                |
| Natural Fish Oil Concentrate      | 250 mg                | †                |
| Omega-3 Fatty Acids               | 75 mg                 | †                |
| Eicosapentaenoic Acid (EPA)       | 40 mg                 | †                |
| Docosahexaenoic Acid (DHA)        | 25 mg                 | †                |
| Other Omega-3 Fatty Acids         | 10 mg                 | †                |
| Soy Lecithin                      | 200 mg                | †                |

\* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

Other Ingredients: Softgel Capsule (gelatin, glycerin, water, carob, annatto extract), Rice Bran Oil and Yellow Beeswax.

Manufactured by NOW FOODS, 395 S. Glen Ellyn Rd

Bloomington, IL 60108 Made in the U.S.A. [www.nowfoods.com](http://www.nowfoods.com)

Contains fish (anchovies and mackerel) and soy derivatives. Contains no sugar, salt, starch, yeast, wheat, gluten, corn, milk, egg, shellfish or preservatives