

SOFTGEL
SIZE



CODE 0815
V1

Cautions: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Some scientific evidence suggests that consumption of antioxidant vitamins may reduce the risk of certain forms of cancer. However, the FDA has determined that this evidence is limited and not conclusive.

* to promote normal cell growth and reproduction.

Alpha-Tocopherol is well-known for its potent antioxidant properties; however, each of the Tocopherols has important and unique activities. Gamma-Tocopherol, the most abundant form of Vitamin E in the diet, is especially important for optimal health, as it is necessary for the proper and complete action of Alpha-Tocopherol. Central to its functions is its capacity to detoxify and help the body to eliminate reactive nitrogen species, an especially destructive form of free radical. NOW® Gamma E Tocopherol features a more natural combination of these forms that helps to support the maintenance of cardiovascular health, as well as

to promote normal cell growth and reproduction.

SUGGESTED USAGE: As a dietary supplement, take 1 softgel 1 to 2 times daily with food. Consider taking these other NOW® products, CoQ10 and Omega-3 Fish or Flax Seed Oil.

Gamma E Tocopherols

ANTIOXIDANT PROTECTION*

- Natural Vitamin E Mixed Tocopherol Complex
- 140 mg Gamma Tocopherol

90 Softgels

A Dietary Supplement



Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Vitamin E (as d-alpha Tocopherol)	40 IU	133%
Mixed Tocopherols	240 mg	†
Gamma Tocopherol	140 mg	†
Delta Tocopherol	30 mg	†

† Daily Value not established.

Other ingredients: Softgel Capsule (gelatin, glycerin, water) and Soybean Oil.

Formulated & Distributed by NOW FOODS

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For more product information visit www.nowfoods.com/0815

Not manufactured with wheat, gluten, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place after opening. Please Recycle.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.