



CODE 3162

V4



CoQ10

CARDIOVASCULAR HEALTH**60 mg****with Omega-3 Fish Oil****• Supports Healthy Heart Muscle*****30 Softgels****A Dietary Supplement**

SUGGESTED USAGE: As a dietary supplement, take 1 softgel 1 to 2 times daily with food.

Coenzyme Q10 is a vitamin-like compound also called ubiquinone. It is an essential component of cells and is necessary for mitochondrial energy production. Years of research has shown that CoQ10 supports healthy cardiovascular and immune system functions in addition to its vital role in energy production.* NOW® CoQ10 is Pharmaceutical Grade. NOW uses only the 100% natural, all-trans form of CoQ10.

Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.

The Natural Fish Oil Concentrate used in this softgel is tested to be free of potentially harmful levels of contaminants (i.e. mercury, heavy metals, PCB's, dioxins, and other contaminants).

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Contains no titanium dioxide. Separation and color variation in the softgel is natural and doesn't affect product quality.

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	5	
Calories from Fat	5	
Total Fat	0.5 g	1%*
Trans Fat	0 g	†
Vitamin E (as d-alpha Tocopherol)	10 IU	33%
Coenzyme Q10 (CoQ10)	60 mg	†
Natural Fish Oil Concentrate	250 mg	†
Omega-3 Fatty Acids	75 mg	†
Eicosapentaenoic Acid (EPA)	40 mg	†
Docosahexaenoic Acid (DHA)	25 mg	†
Other Omega-3 Fatty Acids	10 mg	†
Soy Lecithin	200 mg	†

* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

Other ingredients: Softgel Capsule (gelatin, glycerin, water, carob, annatto extract), Rice Bran Oil and Yellow Beeswax.

Manufactured by NOW FOODS, 395 S. Glen Ellyn Rd.

Bloomington, IL 60108 Made in the U.S.A. www.nowfoods.com

Contains fish (anchovies and mackerel) and soy derivatives. Contains no sugar, salt, starch, yeast, wheat, gluten, corn, milk, egg or preservatives.

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place. Please Recycle.