

ACTUAL SIZE



CODE 0811 V3

Manufactured by NOW FOODS, BLOOMINGDALE, IL 60108
Made in the U.S.A. www.nowfoods.com

Some scientific evidence suggests that consumption of antioxidant vitamins may reduce the risk of certain forms of cancer. However, the FDA has determined that this evidence is limited and not conclusive.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Emerging research demonstrates that gamma-Tocopherol, the most abundant form of Vitamin E in the diet, has very important and unique functions. Central to these functions is its capacity to detoxify reactive nitrogen species, an especially destructive form of free radical. In addition, gamma-Tocopherol acts to trap and remove free radicals from the body in a way that alpha-Tocopherol cannot. NOW® Advanced Gamma E Complex provides the necessary full range of antioxidant protection because it contains a more natural balance of Tocopherols plus a full complement of Tocotrienols. NOW's "Advanced" formula thereby provides superior support for cardiovascular health, as well as protection for the health of the prostate and the colon.*

SUGGESTED USAGE: As a dietary supplement, take 2 softgels 1 to 2 times daily, preferably with meals. Consider taking this product in combination with NOW® CoQ10 and Omega-3 Fish or Flax Seed Oil.

ANTIOXIDANT PROTECTION*

Mixed Tocopherols
& Tocotrienols
120 Softgels
A Dietary Supplement



Advanced Gamma E Complex



Supplement Facts

Serving Size 2 Softgels Servings Per Container 60

	Amount Per Serving	% Daily Value
Calories	10	
Calories from Fat	7	
Total Fat	0.8 g	2%*
Trans Fat	0 g	†
Vitamin E (as Natural d-alpha Tocopherol)	400 IU	1330%
Natural Mixed Tocopherols	400 mg	†
Tocomin® Mixed Palm Tocotrienol Complex	10 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Softgel Capsule (gelatin, glycerin, water, carob), Rice Bran Oil and Red Palm Fruit Oil. Tocomin® is a registered trademark of Carotech Inc.

Contains soy derivatives. Contains no sugar, salt, starch, yeast, wheat, gluten, corn, milk, egg, shellfish or preservatives. Contains only 100% Natural Vitamin E.

Each serving may typically provide the following naturally occurring Mixed Tocopherols and Mixed Tocotrienols:

gamma-Tocopherol 300 mg, delta-Tocopherol 80 mg, beta-Tocopherol 5 mg, gamma-Tocotrienol 5.5 mg, alpha-Tocotrienol 3.0 mg, delta-Tocotrienol 0.9 mg, beta-Tocotrienol 0.3 mg

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place. Please Recycle.