

ACTUAL SIZE

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CODE 1278B V3

Store in a cool, dry place. Please Recycle.

L-OptiZinc® is a registered trademark of InterHealth Corp.

***These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.**

This reverse ratio formula is designed to provide higher levels of Magnesium for those who desire the nerve, muscle and bone supporting effects of this essential mineral. Zinc and Magnesium are involved in hundreds of enzyme systems in the body.*

SUGGESTED USAGE: As a dietary supplement, take 3 tablets daily, preferably with meals or at bedtime. Consider taking this product in combination with NOW® OsteoBoron®, Bromelain and Vitamin K-2.



Magnesium & Calcium

NERVE AND BONE SUPPORT*

**Reverse 2:1 Ratio with Zinc
and Vitamin D-3**

250 Tablets

A Dietary Supplement



Supplement Facts

Serving Size 3 Tablets
Servings Per Container 83

	Amount Per Serving	% Daily Value
Vitamin D-3 (as Cholecalciferol)	1,000 IU	250%
Calcium [from Calcium Carbonate (300 mg), Calcium Aspartate (33 mg), Calcium Lysinate (33 mg) and Calcium Citrate (33 mg)]	400 mg	40%
Magnesium [from Magnesium Oxide (600 mg), Magnesium Aspartate (50 mg), Magnesium Taurinate (50 mg), Magnesium Glycinate (50 mg) and Magnesium Citrate (50 mg)]	800 mg	200%
Zinc (from L-OptiZinc® Monomethionine)	15 mg	100%

Other ingredients: Cellulose, Maltodextrin, Stearic Acid (vegetable source), Croscarmellose Sodium, Silica, Magnesium Stearate (vegetable source) and Vegetable Coating.

Manufactured by NOW FOODS, 395 S. Glen Ellyn Rd.

Bloomington, IL 60108 Made in the U.S.A. www.nowfoods.com

Contains soy derivative. Contains no salt, yeast, wheat, gluten, milk, egg, shellfish or preservatives.