

ACTUAL SIZE



CODE 1277B V4

L-OptiZinc® is a registered trademark of InterHealth Corp.
Store in a cool, dry place. Please Recycle.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

This reverse ratio formula is designed to provide higher levels of Magnesium for those who desire the nerve, muscle and bone supporting effects of this essential mineral. Zinc and Magnesium are involved in hundreds of enzyme systems in the body.*

SUGGESTED USAGE: As a dietary supplement, take 3 tablets daily, preferably with meals or at bedtime. Consider taking this product in combination with NOW® OsteoBoron®, Bromelain and Vitamin K-2.



Magnesium & Calcium

NERVE AND BONE SUPPORT*

**Reverse 2:1 Ratio with Zinc
and Vitamin D-3**

100 Tablets

A Dietary Supplement



Supplement Facts

Serving Size 3 Tablets Servings Per Container 33

	Amount Per Serving	% Daily Value
Vitamin D-3 (as Cholecalciferol)	1,000 IU	250%
Calcium [from Calcium Carbonate (300 mg), Calcium Aspartate (33 mg), Calcium Lysinate (33 mg) and Calcium Citrate (33 mg)]	400 mg	40%
Magnesium [from Magnesium Oxide (600 mg), Magnesium Aspartate (50 mg), Magnesium Taurinate (50 mg), Magnesium Glycinate (50 mg) and Magnesium Citrate (50 mg)]	800 mg	200%
Zinc (from L-OptiZinc® Monomethionine)	15 mg	100%

Other ingredients: Cellulose, Maltodextrin, Stearic Acid (vegetable source), Croscarmellose Sodium, Silica, Magnesium Stearate (vegetable source) and Vegetable Coating

Manufactured by NOW FOODS, 395 S. Glen Elyn Rd.

Bloomington, IL 61018 Made in the U.S.A. www.nowfoods.com

Contains soy derivative. Contains no salt, yeast, wheat, gluten, milk, egg, shellfish or preservatives.