



# Oysco® D

## CALCIUM SUPPLEMENT

with Vitamin D

Helps maintain strong bones

**250 TABLETS**

**Rugby®**

COMPARE TO CALCIUM IN  
OS-CAL® 250+D\*

**DIRECTIONS:** Take 1 tablet two times a day, preferably with a meal.

## Supplement Facts

Serving Size 1 Tablet

| Amount per tablet                                  | % Daily Value                      |                                                   |
|----------------------------------------------------|------------------------------------|---------------------------------------------------|
|                                                    | for Pregnant or<br>Lactating Women | for Adults and<br>Children 4 or<br>more years old |
| Vitamin D<br>(as cholecalciferol)                  | 125 IU 31%                         | 31%                                               |
| Calcium (as calcium<br>carbonate and oyster shell) | 250 mg 19%                         | 25%                                               |

**Other ingredients:** Microcrystalline cellulose, croscarmellose sodium, maltodextrin, povidone, vegetable stearic acid, hypromellose, titanium dioxide, vegetable magnesium stearate, modified food starch, carbo wax, triacetin, sucrose, FD&C Yellow #10, sodium ascorbate, medium chain triglycerides, FD&C Blue #1, silicon dioxide, dl-alpha tocopherol and talc.

Adequate calcium and vitamin D throughout life, as part of a well-balanced diet, may reduce the risk of osteoporosis.

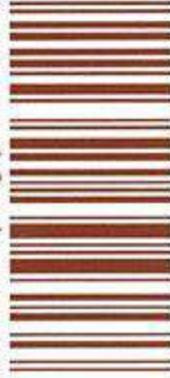
To preserve quality and freshness, keep bottle tightly closed.  
Store between 15°-30°C (59°-86°F).

**KEEP OUT OF REACH OF CHILDREN**

**TAMPER RESISTANT-DO NOT USE IF IMPRINTED  
SAFETY SEAL UNDER CAP IS BROKEN OR MISSING**

\*Rugby Laboratories, Inc. is not affiliated with the owner of the trademark Os-Cal® 250+D.

Oysco® D is distributed by Rugby Laboratories, Inc.



Lot No.:

Exp. Date:

Questions or comments?

Call 1-800-645-2158, weekdays 9 am-5 pm ET

Duluth, Georgia 30097

[www.rugbylaboratories.com](http://www.rugbylaboratories.com)

