DYMATIZE® NUTRITION

99%* SUGAR FREE

ELITE MASS™

Hi-Protein Muscle Gainer

Sustained Release Protein Matrix
100% AjiPure® Glutamine & BCAAs
Advanced Lipid Complex

PROTEIN	CARBS	SUGAR	BCAAs	CALORIES
55 GRAMS	77 GRAMS	<1 PERCENT	12 GRAMS	600 PER 150g SERVING

DOUBLE CHOCOLATE

DIETARY SUPPLEMENT

NATURALLY & ARTIFICIALLY FLAVORED

NET WT **10 LBS** (4,540G)

WHY CHOOSE ELITE MASS?

- ✓ ***55g*** **Sustained Release Protein Matrix Consisting of Whey, Casein, Milk & Egg**
- ✓ **Free Form Amino Acids**
- ✓ **97% Lactose Free**
- ✓ **MCT, CLA, Borage, Sunflower & Flax Seed Oils**
- ✓ **Extensive Vitamin & Mineral Mix**
- ✓ **Fast Acting & Easy to Digest**
- ✓ **Incredible Flavor & Instant Mixability**

ZYTRAX® *Advanced Digestive Enzyme Matrix*

SUGGESTED USE: As a dietary supplement, add 4 scoops of **Dymatize Elite Mass** to 16 oz. of cold water or milk. Mix thoroughly.

Dymatize Elite Mass is highly concentrated, and due to its potency you may want to consider using a 1/2 serving two or three times throughout the day.

For the ultimate in maximum weight gain, take **Dymatize Elite Mass** daily!

Consult with a physician prior to use if you have any medical conditions. Do not use if pregnant or lactating. Use only as directed. KEEP OUT OF THE REACH OF CHILDREN.

F) Conseil d'utilisation: Comme compléments alimentaire, prendre 4 doses dans 470ml d'eau ou de lait. Du fait de sa puissance, il est également possible de prendre ½ dose 2 ou 3 fois par jour.

S) Uso Sugerido: Como suplemento dietético, agregue 4 dosificadores de Dymatize Elite Mass a 16 onzas (500 cc) de agua fria o leche y mezcle enérgicamente. Dymatize Elite Mass es altamente concentrado, debido a ello quizas crea conveniente tomar ½ servicio dos o tres veces a lo largo del dia.

NL) Doseringsadvies: Meng 4 maatscheppen Elite Mass met 500ml water of magere melk. Koel en droog bewaren. - Buiten bereik van kinderen houden. Geproduceerd in de USA. - Tenminste houdbaar tot: zie doos.

D) Dymatize Elite Mass ist eine starke Formel zur Erhöhung der Körpermasse. Elite Mass ist dazu geeignet schnell Muskelmasse bei Hardgainern zu entwickeln und die Regeneration nach intensiven Trainingseinheiten zu optimieren. Jede Portion liefert 600 Kalorien, bestehend aus hochwertigem Protein und besten Kohlenhydraten. Als Wachstumsbeschleuniger ist eine Creatin Matrix (Creatin Monohydrat, Creatin Ethyl Ester, Tri-Creatin Malat und Di-Creatin Malat) enthalten. Des Weiteren unterstützen die Aminosäuren L-Leucin, L-Isoleucin und L-Valin (BCAA) denn Muskelaufbau. Besonders wertvoll sind auch die essentiellen Fettsäuren und Zytrix (Proteinverdauungsenzyme). Anwendung: 4 Messlöffel Elite Gainer in 470 ml kaltes Wasser oder Milch geben und gut mixen. Eine halbe Portion 2 bis 3-mal täglich, über den Tag verteilt konsumieren.

I) Dymatize Elite Mass e' un integratore che fornisce un elevato numero di calorie per dose specialmente se assunto con latte. Questa formula dispensa piu' calorie e piu' proteine, grammo dopo grammo. Uso: Come supplemento dietetico, aggiunga 4 palette a 16oz di acqua o di latte. Miscela completamente.

P) USO SUGERIDO: Como um suplemento dietético, adicione 4 colheres do Mass da Elite de Dymatize a 16 onças, da água fria ou do leite. Mistura completamente. O Mass da Elite de Dymatize é concentrado altamente, e devido a sua potência que você pode querer considerar a utilização duas ou três épocas 1/2 de serviço ao longo do dia.

R) ПРЕДЛОЖЕННАЯ ПОЛЬЗА: Как диетическое дополнение, добавьте 4 ватрооложителя Mass этапы Dymatize до 16 oz. холодной воды или молока. Смешивание тщательно. Mass этапы Dymatize сильно сконцентрирован, и должно к своей мощи вы можете хотеть рассматривать использование 1/2 служ 2 или 3 времена в течении дня.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Notice: Use this product as a food supplement only. Do not use for weight reduction.

♦Not including additional natural sugars provided by whey protein and milk protein.

MANUFACTURED **FREE OF BANNED SUBSTANCES** IN A **NSF GMP FOR SPORT®** REGISTERED FACILITY

BUILDING BETTER BODIES®
DYMATIZE.COM

Manufactured & Distributed by: **Dymatize Enterprises, LLC**
13737 N Stemmons FWY, Dallas, TX 75234
(888) 394-LEAN / (972) 732-1990

MANUFACTURED IN A NSF GMP CERTIFIED FACILITY

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Made in USA

BLUE SERIES

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Supplement Facts

Serving Size: 4 Scoops (150g)
Servings Per Container: 30+

Amount per Serving:			
Calories 600			
Calories from Fat 60			
	% DV*		% DV*
Total Fat 6g	9%	**Total Carbohydrate** 77g	26%
Saturated Fat 1g	5%	Dietary Fiber 2g	8%
Trans Fat 0g	0%	Sugar <1g	
Cholesterol 40mg	12%	**Protein** 55g	110%

Amount per Serving:	%DV*	Amount per Serving:	%DV*
Vitamin A 2000IU	40%	**Calcium** 600mg	60%
Vitamin C 30mg	50%	**Iron** 1mg	4%
Vitamin D 100IU	25%	**Phosphorus** 94mg	10%
Vitamin E 13IU	45%	**Iodine** 45mcg	30%
Thiamin 0.45mg	30%	**Magnesium** 6mg	2%
Riboflavin 0.167mg	10%	**Zinc** 4.5mg	30%
Niacinamide 9mg	45%	**Selenium** 35mcg	50%
Vitamin B6 0.8mg	40%	**Chromium** 54mcg	45%
Folate 180mcg	45%	**Chloride** 680mg	20%
Vitamin B12 1.2mcg	20%	**Sodium** 135mg	6%
Biotin 105mcg	35%	**Potassium** 460mg	13%
Pantothenic Acid 5mg	50%		

* Percent (DV) Daily Values are based on a 2,000 calorie diet.
** Daily Value (DV) not established.

INGREDIENTS:

ELITE MASS SUSTAINED RELEASE PROTEIN MATRIX: Whey Protein (Concentrate and Isolate), Milk Protein, Calcium Caseinate, Egg Protein, L-Leucine†, L-Valine†, L-Isoleucine† (BCAAs), Glutamine†

SUSTAINED COMPLEX CARBOHYDRATE MATRIX: Made up of the Highest Long Linear Chain and Very Low DE (Dextrose Equivalence) Available from Maltodextrin (Greater than 97% Sugar-Free), Waxy Maize, Oat Powder

ADVANCED LIPID COMPLEX: Sunflower Oil, Medium Chain Triglycerides (MCTs), Flax Seed Oil, Borage Oil, CLA (Conjugated Linoleic Acid), Evening Primrose Oil

CREATINE FUSION: Creatine Monohydrate & Kre-Alkalyn®

VITAMIN & MINERAL BLEND: Potassium Chloride, Vitamin A Palmitate, Vitamin D3 (Cholecalciferol), Calcium Phosphate, Sodium Ascorbate, Vitamin E (d-Alpha Tocopheryl Acetate), Niacinamide, Pantothenic Acid, Zinc Oxide, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Folic Acid, Biotin, Riboflavin, Potassium Iodide, Cyanocobalamin, Chromium Chloride, Sodium Selenite

Cocoa, Natural & Artificial Flavors, Acacia Gum, Fibersol®-2, Silicon Dioxide, *Zytrix®*, Sucralose.
Contains Milk, Egg and Soy.

TYPICAL AMINO ACID PROFILE PER 100 GRAMS OF PROTEIN

TOTAL AMINOS	Isoleucine †	6,060 mg
	Leucine †	10,240 mg
	Lysine	9,960 mg
	Methionine	2,070 mg
	Phenylalanine	3,100 mg
	Threonine	6,370 mg
	Tryptophan#	1,650 mg
	Valine †	5710 mg
ESSENTIAL AMINO ACIDS	Alanine	4,920 mg
	Arginine	2,400 mg
	Aspartic Acid	10,340 mg
	Cystine	2,660 mg
	Glutamine † & Precursors	17,070 mg
	Glycine	1,660 mg
	Histidine	1,700 mg
	Proline	6,020 mg
	Serine	5,000 mg
	Tyrosine	3,210 mg

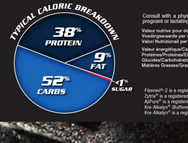
'Elite Mass' uses 100% Pure Pharmaceutical Grade AjiPure® Glutamine & BCAAs

Dymatize Elite Mass is a powerful mass-gaining support formula designed for packing size on the hardest gainers and helping the hardcore recover from intense workouts. This potent formula helps deliver more calories and protein, gram for gram. Each serving delivers a massive 600 calories, with 55 grams of ultra high quality protein plus Glutamine, Creatine Fusion, a Branch Chain Amino Acid Blend and a comprehensive vitamin and mineral blend with an advanced lipid complex! All in each serving!✗

Dymatize Elite Mass uses a special blend of cross-flow, microfiltered, cold-processed, ion-exchanged whey isolate and concentrate, calcium caseinate and egg proteins. This protein blend provides a superior amino acid profile, unbeatable bioavailability, is low in lactose and is 100% instantized for easy mixing without a blender. **Dymatize Elite Mass** also contains a sustained complex carbohydrate matrix with waxy maize, to help fuel and help support weight training. Fat, often times neglected by some, is a highly concentrated energy source (more than double that of protein or carbohydrates), and makes up an important part of **Dymatize Elite Mass**. Fat is a necessary component of all cell membranes, nerve covering, digestive secretions and most importantly, hormone production. A diet too low in fats may actually impair growth. For these reasons, an advanced lipid complex is part of the **Dymatize Elite Mass** formula. Most of these fats are from Sunflower Oil, MCTs, Flax Seed Oil, Borage Oil and CLA. In addition, Creatine Fusion, Glutamine plus the BCAA Amino Acids (L-Leucine, Iso-Leucine and L-Valine) have been added to optimize each strength-training workout while a complete vitamin and mineral profile helps to insure your body gets the balanced nutrition it needs.✗

Dymatize Elite Mass supplies you with the tools you need to pack on the pounds and develop the physique you've always wanted. Each serving of Elite Mass contains 600 mass building calories. For best results, combine with a sensible diet and an intense training program.✗

Dymatize Elite Mass powder is prepared to ensure the highest potency, freshness and maximum nitrogen availability.✗



Consult with a physician prior to use if you have any medical conditions. Do not use if pregnant or lactating. Use only as directed. KEEP OUT OF THE REACH OF CHILDREN.

Valeur nutritive pour dose (150g/150g) / Información nutricional por ración (150g/150g) / Ernährungswerte pro dosierung (150g/150g) / Waarwaardeinformatie per dosering (150g/150g) / Valori Nutrizionali per dose (150g/150g)		
	150g	150g
Valeur énergétique/Calorías/Calories/Brennwert/Calorie	1875kJ/600kcal	2510kJ/600kcal
Protéines/Proteínas/Eiwitten/Eiweiß/Proteine	27 gram	55 gram
Glucides/Carbohidratos/Koolhydraten/Kohlenhydrate/Carboidrati	31 gram	77 gram
Matières Grasses/Grasa/Vetten/Fett/Grassi	4 gram	6 gram

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Kre-Alkalyn® (Buffered Creatine Patent# 6,399,651)
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