

Rugby®COMPARE TO VITAMINS IN
ONE-A-DAY® ESSENTIAL***Daily-Vite****DAILY MULTIPLE
VITAMIN SUPPLEMENT****1000
TABLETS****TAMPER RESISTANT - DO NOT USE IF IMPRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING****DIRECTIONS: Adults:** One tablet daily, preferably with a meal.

Supplement Facts

Serving Size 1 Tablet

Amount per tablet	% Daily Value	
Vitamin A (from retinyl acetate and 17% beta carotene)	3000 IU	60%
Vitamin C (ascorbic acid)	60 mg	100%
Vitamin D3 (cholecalciferol)	400 IU	100%
Vitamin E (as dl-alpha tocopheryl acetate)	30 IU	100%
Thiamin (Vitamin B-1) (from thiamine mononitrate)	1.5 mg	100%
Riboflavin (Vitamin B-2)	1.7 mg	100%
Niacin (as niacinamide)	20 mg	100%
Vitamin B-6 (as pyridoxine HCl)	2 mg	100%
Folate (as folic acid)	400 mcg	100%
Vitamin B-12 (as cyanocobalamin)	6 mcg	100%
Pantothenic Acid (as calcium pantothenate)	10 mg	100%
Calcium (as calcium carbonate)	23 mg	2%

Other ingredients: Microcrystalline cellulose, gelatin, croscarmellose sodium, stearic acid, silica, corn starch, magnesium stearate, hypromellose, maltodextrin, sucrose, FD&C Red #40 L.D., dicalcium phosphate dihydrate, titanium dioxide, sunflower oil, sodium ascorbate, triglycerides, dl-alpha-tocopherol, ascorbyl palmitate, sodium benzoate, FD&C Yellow #6, butylated hydroxytoluene (BHT), sorbic acid, sodium aluminum silicate, guar gum, FD&C Blue #1, propylene glycol, triacetin.

Keep bottle tightly closed. Store between 15°-30°C (59°-86°F).

KEEP OUT OF REACH OF CHILDREN
This is a bulk package. Dispense contents with a child-resistant closure in a tight, light-resistant container as defined in the USP.

* Rugby Laboratories Inc. is not affiliated with the owner of the trademark One-A-Day® Essential.

Rugby Daily-Vite is distributed by Rugby Laboratories, Inc.

Control No.:

Exp. Date:

Questions or comments?

Call 1-800-645-2158, weekdays 9 am-5 pm ET

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