

WHY CHOOSE ELITE MASS?

- ✓ **55g Sustained Release Protein Matrix**
Consisting of Whey, Casein, Milk & Egg
- ✓ **Free Form Amino Acids**
- ✓ **97% Lactose Free**
- ✓ **MCT, CLA, Borage, Sunflower & Flax Seed Oils**
- ✓ **Extensive Vitamin & Mineral Mix**
- ✓ **Fast Acting & Easy to Digest**
- ✓ **Incredible Flavor & Instant Mixability**



Advanced Digestive
Enzyme Matrix

SUGGESTED USE: As a dietary supplement, add 4 scoops of **Dymatize Elite Mass** to 16 oz. of cold water or milk. Mix thoroughly.

Dymatize Elite Mass is highly concentrated, and due to its potency you may want to consider using a 1/2 serving two or three times throughout the day.

For the ultimate in maximum weight gain, take **Dymatize Elite Mass** daily!

Consult with a physician prior to use if you have any medical conditions. Do not use if pregnant or lactating. Use only as directed. KEEP OUT OF THE REACH OF CHILDREN.

F) Conseil d'utilisation: Comme compléments alimentaire, prendre 4 doses dans 470ml d'eau ou de lait. Du fait de sa puissance, il est également possible de prendre ½ dose 2 ou 3 fois par jour.

S) Uso Sugerido: Como suplemento dietético, agregue 4 dosificadores de Dymatize Elite Mass a 16 onzas (500 cc) de agua fría o leche y mezcle energicamente. Dymatize Elite Mass es altamente concentrado, debido a ello quizás crea conveniente tomar ½ servicio dos o tres veces a lo largo del día.

NL) Doseringadvies: Meng 4 maatscheppen Elite Mass met 500ml water of magere melk. Koel en droog bewaren. - Buiten bereik van kinderen houden. - Geproduceerd in de USA. - Tenminste houdbaar tot: zie doos.

D) Dymatize Elite Mass ist eine starke Formel zur Erhöhung der Körpermasse. Elite Mass ist dazu geeignet schnell Muskelmasse bei Hardgainern zu entwickeln und die Regeneration nach intensiven Trainingseinheiten zu optimieren. Anwendung: 4 Messlöffel Elite Gainer in 470 ml kaltes Wasser oder Milch geben und gut mischen. Eine halbe Portion 2 bis 3-mal täglich, über den Tag verteilt konsumieren.

I) Dymatize Elite Mass e' un integratore che fornisce un elevato numero di calorie per dose specialmente se assunto con latte. Questa formula dispensa piu' calorie e piu' proteine, grammo dopo grammo. Uso: Come supplemento dietetico, aggiungi 4 palette a 16oz di acqua o di latte. Miscela completamente.

P) USO SUGERIDO: Como um suplemento dietético, adicione 4 colheres do Mass da Elite de Dymatize a 16 onças de água fria ou do leite. Mistura completamente. O Mass da Elite de Dymatize é concentrado altamente, e devido a sua potência que você pode querer considerar a utilização duas ou três épocas 1/2 de serviço ao longo do dia.

R) ПРЕДЛОЖЕННАЯ ПОЛЬЗА: Как диетическое дополнение, добавляйте 4 ветроупотребителя Mass элиты Dymatize до 16 оз. холодной воды или молока. Смешивайте тщательно. Mass элиты Dymatize сильно концентрирован, и должно к своей мощи вы можете хотеть рассматривать использование 1/2 служа 2 или 3 времена в течении дня.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured & Distributed by:
Dymatize Enterprises, LLC
13737 N Stemmons FWY
Dallas, TX 75234
(888) 334-LEAN
(972) 732-1990

BUILDING BETTER BODIES®

DYMATIZE.COM

MANUFACTURED FREE OF BANNED SUBSTANCES
IN A NSF GMP FOR SPORT. REGISTERED FACILITY



MANUFACTURED IN THE USA • EEC APPROVED
DYMATIZE ENTERPRISES, INC. • PLANT# 3005816913

TYPICAL AMINO ACID PROFILE PER 100 GRAMS OF PROTEIN		
ESSENTIAL AMINO ACIDS		Isoleucine 6,060 mg
		Leucine 10,240 mg
		Lysine 9,980 mg
		Methionine 2,070 mg
		Phenylalanine 3,100 mg
NON-ESSENTIAL AMINO ACIDS		Threonine 6,370 mg
		Tryptophan# 1,650 mg
		Valine 5,710 mg
		Alanine 4,920 mg
		Arginine 2,400 mg
		Aspartic Acid 10,340 mg
		Cystine 2,660 mg
		Glutamine & Precursors 17,070 mg
		Glycine 1,680 mg
		Histidine 1,700 mg
		Proline 6,020 mg
		Serine 5,000 mg
		Tyrosine 3,210 mg

Naturally occurring. Not added or manufactured.



DYMATIZE

NUTRITION

ELITE MASS

Hi-Protein Muscle Gainer

Sustained Release Protein Matrix

100% AjiPure® Glutamine & BCAAs

Advanced Lipid Complex

PROTEIN	CARBS	SUGAR	BCAAs	CALORIES
55	77	1	12	600
GRAMS	GRAMS	PERCENT	GRAMS	PER 150g SERVING

DOUBLE CHOCOLATE

NATURALLY & ARTIFICIALLY FLAVORED

NET WT 3.3 LBS (1,500g)



99%
SUGAR FREE

Supplement Facts

Serving Size: 4 Scoops (150g)		Servings Per Container: 10	
Amount per Serving	% Daily Value*	Amount per Serving	% Daily Value*
Calories 600		Vitamin B6 0.8 mg	40%
Calories from Fat 60		Folate 180 mcg	45%
Total Fat 6 g	9%	Vitamin B12 1.2 mcg	20%
Saturated Fat 1 g	5%	Biotin 105 mcg	35%
Cholesterol 40 mg	12%	Pantothenic Acid 5 mg	50%
Total Carbohydrate 77 g	26%	Calcium 600 mg	60%
Dietary Fiber 2 g	8%	Iron 1 mg	4%
Sugar <1 g		Phosphorus 94 mg	10%
Protein 55 g	110%	Iodine 45 mcg	30%
Vitamin A 2000 IU	40%	Magnesium 6 mg	2%
Vitamin C 30 mg	50%	Zinc 4.5 mg	30%
Vitamin D 100 IU	25%	Selenium 35 mcg	50%
Vitamin E 13 IU	45%	Chromium 54 mcg	45%
Thiamin 0.45 mg	30%	Chloride 680 mg	20%
Riboflavin 0.167 mg	10%	Sodium 135 mg	6%
Niacinamide 9 mg	45%	Potassium 460 mg	13%

* Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS:

ELITE MASS SUSTAINED RELEASE PROTEIN MATRIX: Whey Protein (Concentrate and Isolate), Milk Protein, Calcium Caseinate, Egg Protein

SUSTAINED-COMPLEX CARBOHYDRATE MATRIX: Made up of the highest long linear chain and low DE (Dextrose Equivalence) available from Maltodextrin (Greater than 97% Sugar-free), Oat Powder, Waxy Maize, Fibersol®-2

ADVANCED LIPID COMPLEX: Sunflower Oil, Medium Chain Triglycerides (MCTs), Flax Seed Oil, Borage Oil, Tonalin® (CLA - Conjugated Linoleic Acid), Evening Primrose Oil

STRENGTH & RECOVERY BLEND: BCAA Blend (L-Leucine, L-Valine, L-Isoleucine), Creatine Monohydrate, Creatine Citrate, L-Glutamine

PROPRIETARY DIGESTIVE ENZYME MATRIX: Zytix®: Protease, Lactase, Lipase

VITAMIN & MINERAL BLEND: Potassium Chloride, Vitamin A Palmitate, Vitamin D3 (Cholecalciferol), Calcium Phosphate, Sodium Ascorbate, Vitamin E (D-alpha Tocopheryl Acetate), Niacinamide, Pantothenic Acid, Zinc Oxide, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Folic Acid, Biotin, Riboflavin, Potassium Iodide, Cyanocobalamin, Chromium Chloride, Sodium Selenite

Cocoa, Natural and Artificial Flavors, Acacia Gum, Silicon Dioxide, Sucralose. *Contains Milk, Egg & Soy.*

DYMATIZE ELITE MASS is the ultimate gainer formula designed to help you pack on maximum lean mass and recover from your intense workouts. This cutting edge formula delivers a massive 600 calories, complete with 55 grams of premium quality protein, complex carbohydrates, lean lipids, glutamine, creatine, branch chain amino acids and a comprehensive vitamin and mineral blend! Everything you need to gain muscle and body size and recover faster from strenuous workouts.*

PREMIUM SUSTAINED-RELEASE PROTEIN BLEND: Dymatize Elite Mass contains a special premium protein blend of cross-flow, microfiltered, cold-processed, ion-exchanged whey isolate and concentrate, calcium caseinate and egg proteins. This protein blend, which is very low in lactose and has a superior amino acid profile, has been instantized for easy mixing without a blender yielding unbeatable bioavailability and digestibility.*

COMPLEX CARBOHYDRATE MATRIX: Dymatize Elite Mass also contains a sustained complex carbohydrate matrix with waxy maize starch, to help fuel and drive amino acids in to your muscle fueling growth and recovery.*

ADVANCED LIPID COMPLEX: Lipids are a highly concentrated energy source - more than double that of protein or carbohydrates and are a necessary component in cellular growth. This scientific lipid blend, including medium chain triglycerides (MCTs), is readily available muscle fuel only seen in Dymatize Elite Mass.*

STRENGTH AND RECOVERY BLEND: To round out this high performance gainer we add creatine, glutamine and the BCAAs (L-Leucine, L-Isoleucine and L-Valine) to optimize the results of each strength-training workout while a complete vitamin and mineral profile helps to ensure your body gets the balanced nutrition it needs to get bigger and stronger.*

DYMATIZE ELITE MASS will help you pack on the lean mass and develop the physique you've always wanted. For optimal results, combine with a sensible diet and an intense training program.*

Valeur nutritive pour dose (100g/150g) / Información nutricional por ración (100g/150g) / Voedingwaard per dosering (100g/150g) / Nährwertinformation pro dosierung (100g/150g) / Valori Nutrizionali per dose (100g/150g)	100g	150g
Valeur énergétique/Caloria/Calorieën/Brennwert/Calorie	1675kJ/400kcal	2512kJ/600kcal
Protéines/Proteínas/Eiwitten/Eiweiß/Proteine	37 gram	55 gram
Glycides/Carbohidratos/Koolhydraten/Kohlenhydrate/Carboidrati	51 gram	77 gram
Matières Grasses/Grasa/Vetten/Fett/Grassi	4 gram	6 gram

Consult with a physician prior to use if you have any medical conditions. Do not use if pregnant or lactating. Use only as directed. KEEP OUT OF THE REACH OF CHILDREN.

Elite Mass® uses 100% Pure Pharmaceutical Grade AjiPure® Glutamine & BCAAs



Notice: Use this product as a food supplement only. Do not use for weight reduction.

Fibersol®-2 is a registered trademark of Matsutani Chemical Industry Co., Ltd. Zytix® is a registered trademark of Custom Nutriceutical Laboratories.

AjiPure® is a registered trademark of Ajinomoto Amino Science, LLC. Nutritional uses of Tonalin® licensed to Natural USA, Inc. under U.S. Patents # 5,428,072; 5,554,646 and 5,433,066. Tonalin® is a registered mark of Natural USA, Inc.

*Not including additional natural sugars provided by whey protein and milk protein.

