

Rugby

Citrus Calcium + D

Helps maintain strong bones

Highly Absorbed
CALCIUM SUPPLEMENT

60 COATED CAPTABS®

MORE
VITAMIN D!



COMPARE TO CALCIUM IN
CITRACAL® MAXIMUM*

**TAMPER RESISTANT-DO NOT USE IF IMPRINTED
SAFETY SEAL UNDER CAP IS BROKEN OR MISSING**

DIRECTIONS: Adults: 1 - 2 captabs twice a day or as
recommended by your physician.

Supplement Facts

Serving Size: 2 Captabs

Servings per container: 30

Amount per serving		% Daily Value
Vitamin D3 (cholecalciferol)	500 IU	125%
Calcium (as calcium citrate)	630 mg	63%

Other Ingredients: Microcrystalline cellulose, stearic acid, hypromellose, triacetin, magnesium stearate, croscarmellose sodium, silica, maltodextrin, modified corn starch, sucrose, titanium dioxide, propylene glycol.

NOTE: Calcium Citrate is the preferred source of supplemental calcium for superior absorption.

Adequate calcium and vitamin D throughout life, as part of a well-balanced diet, may reduce the risk of osteoporosis.

Keep bottle tightly closed. Store between 15°-30°C (59°-86°F).

KEEP OUT OF REACH OF CHILDREN



0 0536-3224-087

Control No.:

Exp. Date:

Questions or comments? Call 1-800-645-2158, weekdays 9 am-5 pm ET
*Rugby Laboratories, Inc. is not affiliated with the owner of the
trademark Citracal® Maximum.

Citrus Calcium + D is distributed by Rugby Laboratories, Inc.

Rugby

Duluth, Georgia 30097

www.rugbylaboratories.com