

SOFTGEL SIZE



CODE 3079 V1

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Foods containing at least 0.65 grams per serving of plant sterol esters, eaten twice a day with meals for a daily total intake of at least 1.3 grams, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. A serving of NOW® Beta-Sitosterol Plant Sterols with Fish Oil supplies 1 gram (1,000 mg) of plant sterol esters in a base of fish oil.

CardioAid®-S Plant Sterol Esters is a combination of the ester forms of Beta-Sitosterol, Campesterol and Stigmasterol. Plant Sterols are plant-derived compounds that are structurally similar to cholesterol so that they help to limit the absorption of cholesterol from the digestive tract. In this way, CardioAid®-S can help to maintain cholesterol levels already within the normal range.*

SUGGESTED USAGE: As a dietary supplement, take 2 softgels twice daily with meals. Consider taking these other NOW® products: Sytrinol®, Flush-Free Niacin and Pantethine.



Beta-Sitosterol Plant Sterols

CARDIOVASCULAR HEALTH

- Supports Healthy Cholesterol Levels*
- With CardioAid®-S Plant Sterol Esters
- Plus added Fish Oil

180 Softgels
A Dietary Supplement



Supplement Facts

Serving Size 2 Softgels Servings Per Container 90

Amount Per Serving

CardioAid®-S Plant Sterol Esters (400 mg Beta-Sitosterol, plus Campesterol and Stigmasterol)	1 g (1,000 mg)*
Natural Fish Oil Concentrate	120 mg*

* Daily Value not established.

Other ingredients: Softgel Capsule (gelatin, glycerin, water, carob) and Soy Lecithin.

Contains fish (sardines, anchovies, mackerel) and soy.

Formulated & Distributed by NOW FOODS

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For more product information visit www.nowfoods.com/3079

Not manufactured with yeast, wheat, gluten, milk, egg, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

CardioAid® is a registered trademark of Archer-Daniels-Midland Company.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Store in a cool, dry place after opening. Please Recycle.