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Manufactured for and Distributed By:
BPI Sports
Hollywood, FL 33312
To report an adverse event
or for more information call:
954.926.0900 (tel)
www.bpisports.net

**3x
MORE
POWERFUL***



OURS



LEADING COMPETITOR

STRENGTH* • PUMP*



"THE ORIGINAL"

1MR™

ONE.MORE.REP

ULTRA CONCENTRATED PRE-WORKOUT POWDER

**3x MORE
POWERFUL***

**LEMON
LIME**

Natural and Artificial Flavors



RAPID ONSET ENERGY*
DIETARY SUPPLEMENT • NET WEIGHT 4.9 OZ (140 GRAMS)

ENERGY* • FOCUS*

**1MR™ Product
Highlights:**

Energy*

Strength*

Pump*

Focus*

No Jitters! No Crash!*

For Best Results:
Stack with **BLOX™** & **A-HD™**



Supplement Facts

Serving Size 5 grams (1 scoop)

Servings Per Bottle 28

Amount Per Serving	% Daily Value
Calories 6	
Total Carbohydrate 1.5 g	<1%*
Sugars 0 g	
Thiamin 1 mg	67%
(as Thiamin Disulfide)	
Niacin 30 mg	150%
(as Nicotinic Acid)	

**PRE-WORKOUT 1MR™ ENERGY and PUMP MATRIX 3,842mg
(Proprietary)**

Beta-Alanine (as Carnosyn®), L-Arginine Alpha Ketoglutarate, Taurine, Creatine (as Creatine Monohydrate), Caffeine (as Anhydrous), L-Tyrosine (as N-Acetyl-L-Tyrosine), *Paulinia cupana* (seed), *Yerba mate* (leaf), *Kigelia africana* (root), *Citrus sinensis* (whole), *Psoralea corylifolia* (seed), *Adhatoda vasica* (leaf), *Zingiber officinale* (root), *Schisandra chinensis* (fruit), *Visnea mocanera* (leaf), *Vitis vinifera* (seed).

† Percent Daily Values are based on a 2,000 calorie diet.

*Daily Value not established.

Other Ingredients: Maltodextrin, Natural & Artificial Flavors, Citric Acid, Sucralose, Silica, Acesulfame K, FD&C Yellow No. 5 & Vitamin C (as Ascorbic Acid).

***THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

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Carnosyn
Carnosine Synthesis

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