

CODE 3085

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ACTUAL SIZE

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

helps to support cognitive function and mental acuity.*

Alpha GPC is a natural physiological precursor to acetyl-choline, a neurotransmitter that is involved in memory and other cognitive functions. Alpha GPC is more bioavailable than other forms of choline and is known to cross the blood brain barrier into the brain. In the brain and other neural tissues, Alpha GPC becomes a constituent of cell membranes. Clinical studies have demonstrated that supplementation with Alpha GPC can increase the brain's synthesis of acetyl-choline. In this way, it

SUGGESTED USAGE: As a dietary supplement, take 2 Vcaps® twice daily with food. Best when taken early in the day. Consider taking this product in combination with NOW® Co-Enzyme B-Complex, Antioxidant Caps and Brain Elevate™.



Alpha GPC

COGNITIVE SUPPORT

300 mg

- Bioavailable Source of Choline
- Supports Mental Acuity*

60 Vcaps®

A Dietary Supplement
Vegetarian Formula



Supplement Facts

Serving Size 2 Vcaps® Servings Per Container 30

Amount Per Serving	
Alpha GPC	600 mg*
(L-alpha-glycerolphosphorylcholine) (soy)	

* Daily Value not established.

Other ingredients: Cellulose (capsule), Cellulose, Mannitol, Silica, Stearic Acid (vegetable source) and Magnesium Stearate (vegetable source).

Manufactured by NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108 Made in the U.S.A. www.nowfoods.com
Contains no salt, starch, yeast, wheat, gluten, milk, egg, shellfish or preservatives.

Vegetarian/Vegan Product.

Vcaps® is a registered trademark of Capsugel.

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place. Please Recycle.