

ACTUAL
SIZE

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CODE 3142

V2

SUGGESTED USAGE: As a dietary supplement, take 1 softgel daily, preferably with meals. We highly recommend taking this product with a source of essential fatty acids such as NOW® Flax Oil, Evening Primrose Oil, Borage Oil or Omega-3 Fish Oil.

NOW® Ubiquinol contains the reduced form of CoQ10 (Coenzyme Q10) which has been shown in scientific studies to be a highly bioavailable and active antioxidant form of CoQ10. The addition of MCT Oil (medium chain triglycerides) to this product naturally improves its solubility, which further enhances intestinal absorption, and thereby provides superior overall biological value. Coenzyme Q10 is present in almost all cells, where it is necessary for mitochondrial energy production. The body's highest concentrations of CoQ10 are found in the heart, where constant chemical energy availability is imperative. In addition to its benefits for cardiac function through energy production, CoQ10 also functions as a powerful fat soluble antioxidant, providing protection against free radical attack for vascular structures, as well as for other tissues, including the brain and neurons.*



KANEKA QH®



Ubiquinol

CARDIOVASCULAR HEALTH

100 mg

Higher Bioavailability
Active Antioxidant Form
of CoQ10*

60 Softgels

A Dietary Supplement



Supplement Facts

Serving Size 1 Softgel

Amount Per Serving

Ubiquinol (Kaneka QH®) (Reduced Form CoQ10) 100 mg*

* Daily Value not established.

Other ingredients: MCT Oil (medium chain triglycerides), Softgel Capsule (gelatin, glycerin, water, carob) and Beeswax.

Manufactured by NOW FOODS, 395 S. Glen Ellyn Rd.

Bloomington, IL 60108 Made in the U.S.A. www.nowfoods.com

Contains no sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk, egg, shellfish, polysorbates, preservatives or titanium dioxide.

NOW CoQ10 products contain only the 100% natural, all-trans form of CoQ10 produced by fermentation.

Kaneka QH® and the Kaneka QH® logo are registered trademarks of Kaneka Corporation.

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place. Please Recycle.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.