

FOCUS* - STRENGTH* - ENERGY*

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WARNING: BETA-CRET™ is intended for use by healthy adults. Before using this product, consult a physician or your healthcare provider. Limit the use of caffeine-containing medications, foods, or beverages while taking this product. Too much caffeine may cause nervousness. **DO NOT TAKE THIS PRODUCT IF YOU ARE PREGNANT OR NURSING,** taking other products or medications containing caffeine, stimulants, synephrine, phenylephrine or MAOI inhibitors. Avoid use if you have or suspect you have a medical condition including but not limited to heart, liver, kidney, thyroid, diabetes, high blood pressure, headaches or difficulty urinating. Discontinue use if you experience dizziness, rapid heartbeat or shortness of breath. Product may cause flushing or tingling. Do not exceed recommended dose. Not intended for use by persons under the age of 18. **KEEP OUT OF REACH OF CHILDREN.**

NOTE: Contents may settle during shipment, SHAKE CONTAINER BEFORE USE. Moisture & humidity can cause clumping & discoloration, stir contents before each use. Store BETA-CRET™ in a cool, dry place.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

BETA-CRET™ can be stacked with CON-CRET®.
CarnoSyn® is a Registered Trademark of NAI.
CON-CRET® is a Registered Trademark of ProMera Health LLC.

Manufactured for ProMera Sports • 61 Accord Park Drive • Norwell, MA 02061
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BETA-CRĒT™

MICRO-CONCENTRATED PRE-WORKOUT INTENSIFIER*



BLUE RASPBERRY

NATURALLY & ARTIFICIALLY FLAVORED



CON-CRĒT®
REINFORCED™



POWDERED DIETARY SUPPLEMENT

NET WT 34.8 G (1.22 OZ)

Supplement Facts

Serving Size 1 Scoop (4.35 g) Servings Per Container 8

Amount Per Serving	% Daily Value
Vitamin B-6 (as Pyridoxine)	2 mg 100%
Niacin	25 mg 125%
Folic Acid	200 mcg 50%
Proprietary Blend	4,030 mg **
Taurine, Beta-Alanine (CarnoSyn®), Creatine HCl (CON-CRET®), Creatinol-O-Phosphate, L-Tyrosine, Caffeine Anhydrous (125 mg), L-Histidine, N-Acetyl-L-Tyrosine	

**Daily Value not Established

Other Ingredients: Raspberry Natural & Artificial Flavoring, Red Beet Juice Powder, Sucralose, Vanilla N&A, Silicon Dioxide, Maltodextrin, FD&C Blue #1

RECOMMENDED

ADULT USE: As a dietary supplement mix one serving 15 minutes before training in 6-8 ounces of water. BETA-CRET™ is effective when taking one serving, however two servings may be of particular value in establishing your tolerance (Torque Zone). Never take more than 3 servings during a single use or in a 24 hour period. Always maintain adequate hydration when using.

ON NON-TRAINING DAYS:

Take one serving to maintain ATP stores & carnosine levels.*