

ESTD 1989


Vitality

OMEGA MAN

SUPPLEMENT

Omega-Man's proprietary formula combines the world's purest and freshest flax oil, rare Styrian pumpkin seed oil, lignans, phospholipid and phytosterol complexes.

For Men Interested in...

- Peak Physical Fitness*
- Cellular and Sexual Health*
- Vitality and Longevity*

Omega-Man provides a synergy of essential Omeegas and plant actives absent in multi-vitamins and scarce in today's diet, yet critical for cellular, sexual, heart health, athletic performance, fat metabolism and lean muscle mass.*

SUGGESTED USE: 1-2 Tbsp. daily, can be taken straight, used in salad dressings, mixed with yogurt, cottage cheese, oatmeal, blended beverages & protein drinks. Shake well. Natural settling may occur. Refrigerate. Freezing will extend shelf life up to one year.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

100% SATISFACTION GUARANTEED

Bruce Barlean

FRESHNESS DATING

FLAX FRESH PRESSED

FRESHEST BEFORE

Men's Health & Vitality Formula

MADE WITH ORGANIC
FLAXSEED OIL

STYRIAN PUMPKIN SEED OIL
PHOSPHOLIPID CONCENTRATES
PLANT PHYTOSTEROLS
FLAX LIGNANS

12 FL.OZ / 350 ML

Supplement Facts

Serving Size 1 Tbsp (15 ml)
Servings Per Container 23

Amount Per Serving	
Calories 106	Calories from Fat 90
	% Daily Value*
Total Fat 10 g	14%
Saturated Fat 1 g	5%
Dietary Fiber 1 g	4%
Omega Fatty Acids 9037 mg	†
Omega-3 4968 mg	†
Omega-6 2125 mg	†
Omega-9 1944 mg	†
Lignan (SDG) 10-27 mg	†
Phospholipid Complex 870 mg	†
Phosphatidylcholine 450 mg	†
Phosphatidylethanolamine 240 mg	†
Phosphatidylinositol 135 mg	†
Phosphatidic acid 45 mg	†
Plant Phytosterol Complex 150 mg	†
Beta Sitosterol 74 mg	†
Campesterol 43 mg	†
Stigmasterol 33 mg	†
Rosemary/Ascorbic Acid Blend 20 mg	†

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value not established.

INGREDIENTS: Organic flaxseed oil, organic flaxseed particulate, Styrian pumpkin seed oil, soy lecithin, plant phytosterols, rosemary/ascorbic acid blend.

GMO FREE

For more information
please write to:

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Certified Organic by OAI



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