



Lac-Dose®

(lactase enzyme)
DIETARY SUPPLEMENT

50 CAPTABS®



Rugby

COMPARE TO
LACTASE IN
LACTAID®**

**TAMPER RESISTANT - DO NOT USE IF IMPRINTED
SAFETY SEAL UNDER CAP IS BROKEN OR MISSING**

DIRECTIONS: Swallow or chew 3 captabs before eating
any food that contains lactose.

Supplement Facts

Serving Size 3 Captabs

Servings per container: Appx. 17

Amount per serving	% Daily Value
Sodium (as sodium citrate)	12 mg <1%*
Lactase enzyme	9000 FCC Units †

* % Daily Value is based on a 2000 calorie diet.

† Daily Value not established.

Other Ingredients: Dextrose, microcrystalline cellulose,
mannitol, silicon dioxide and vegetable magnesium
stearate. **Contains wheat (gluten)**

Keep bottle tightly closed. Store between 15°-30°C (59°-86°F).

KEEP OUT OF REACH OF CHILDREN



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09/05

Lot No.:

Exp. Date:

Questions or comments?

Call 1-800-645-2158, weekdays 9 am-5 pm ET

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