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SCAN &
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††Compared to leading brands.
^New Liquid Formula.

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WOMEN'S ULTRA MEGA®

Dietary Supplement

GREAT-TASTING
LIQUID MULTIVITAMIN

- With 1,600 IU of vitamin D-3 for breast and bone health*
- Strengthens bones with 400 mg of calcium*
- Provides antioxidant protection*
- B-vitamins for energy support*

CITRUS
Natural and Artificial Flavor

30 FL OZ (887 mL)

NEW^

Ultra Mega®

2X
MORE
D-3††

CODE 705810 LMG
Directions: As a dietary supplement, take 1 capful daily. May also be mixed with water or beverage of choice. Best taken with food. Refrigerate after opening. Shake well before using.

Supplement Facts

Serving Size 30 mL (2 Tablespoons or 1 Capful)
Servings Per Container Approx. 30

Amount Per Serving	% Daily Value	
Calories	40	
Total Carbohydrate	9 g	3%†
Sugars	<1 g	*
Vitamin A (as Retinyl Acetate)	5000 IU	100%
Vitamin C (as Ascorbic Acid)	500 mg	833%
Vitamin D (as Cholecalciferol D-3)	1600 IU	400%
Vitamin E (as Natural d-alpha-Tocopheryl Acetate)	15 IU	50%
Thiamin (as Thiamin Mononitrate)	50 mg	3333%
Riboflavin (as Riboflavin-5-Phosphate)	50 mg	2941%
Niacin (as Niacinamide)	50 mg	250%
Vitamin B-6 (as Pyridoxine HCl)	50 mg	2500%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	150 mcg	2500%
Biotin	100 mcg	33%
Pantothenic Acid (as D-Calcium Pantothenate)	50 mg	500%
Calcium (as Calcium Citrate Tetrahydrate and Tricalcium Phosphate)	400 mg	40%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Citrate)	50 mg	13%
Zinc (as Zinc Gluconate)	15 mg	100%
Selenium (as Sodium Selenate)	200 mcg	286%
Copper (as Copper Citrate)	2 mg	100%

Amount Per Serving	% Daily Value	
Manganese (as Manganese Gluconate)	10 mg	500%
Chromium (as Chromium Chloride)	120 mcg	100%
Molybdenum (as Sodium Molybdate)	150 mcg	200%
Sodium (as Sodium Hexametaphosphate and Sodium Benzoate)	20 mg	<1%
Choline (as Choline Bitartrate)	50 mg	*
Green Tea Leaf Extract (<i>Camellia sinensis</i>)	30 mg	*
Inositol	25 mg	*
Citrus Bioflavonoid Complex	25 mg	*
Carotenoid Complex	15 mg	*
N-Acetyl-L-Cysteine	10.5 mg	*
Rutin Powder	10 mg	*
Quercetin	10 mg	*
Hesperidin Complex	5 mg	*
Boron (as Boron Citrate)	1 mg	*
Lutein	950 mcg	*
Lycopene	950 mcg	*
Fruit and Vegetable Blend	25 mg	*
Pineapple, Broccoli, Carrots, Apple, Orange, Tomato, Brussels Sprouts, Cauliflower, Beet, Blueberry, Celery, Grape, Grapefruit, Kale, Lemon, Lime, Plum, Raspberry, Strawberry, Watermelon, Radish, Cantaloupe, Cherry, Leek, Onion, Papaya, Peach, Pear		

† Percent Daily Values are based on a 2000 calorie diet.
* Daily Value not established.

Other Ingredients: Purified Water, Glycerin, Sorbitol, Citric Acid, Natural and Artificial Flavors, Polysorbate 80, Xanthan Gum, Potassium Sorbate, Sucralose, Modified Acacia Gum, Acesulfame Potassium, Amylase, Silica, Cellulase, Lipase, Protease.
WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.
CONTAINS: Soybeans and may contain Wheat.
Do not purchase if seal is broken.

To ensure a complete nutritional program, take daily with these GNC products:

- Triple Strength Fish Oil
- Pro Performance® 100% Whey Protein
- Ultra Probiotic Complex
- SuperFoods Whole Foods Blend

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.