

TABLET SIZE



Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens. **Caution:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do Not Eat Freshness Packet. Keep In Bottle.

Made in the USA

CODE 0605

V3



C-1000 Mineral Ascorbates

ANTIOXIDANT PROTECTION*

With Calcium, Magnesium, Zinc,
Potassium & Manganese

90 Tablets

A Dietary Supplement



SUGGESTED USAGE: As a dietary supplement, take 2 tablets daily preferably with food. Consider taking these other NOW® products: Alpha Lipoic Acid and Vitamin E

Mineral Ascorbates are superior forms of Vitamin C that are fully reacted, buffered, well absorbed and retained. This comprehensive formula also has key essential minerals which participate in numerous cellular functions together with Vitamin C. This formula is non-acidic and therefore gentle to the stomach of sensitive individuals.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 2 Tablets Servings Per Container 45

	Amount Per Serving	% Daily Value
Vitamin C (from Mineral Ascorbates)	2 g (2,000 mg)	3333%
Calcium (80% from Calcium Ascorbate, 20% from Calcium Citrate)	100 mg	10%
Magnesium (80% from Magnesium Ascorbate, 20% from Magnesium Citrate)	100 mg	25%
Zinc (from Zinc Ascorbate)	20 mg	133%
Copper (from Copper Amino Acid Chelate)	1 mg	50%
Manganese (from Manganese Ascorbate)	8 mg	400%
Potassium (from Potassium Ascorbate)	99 mg	3%
Citrus Bioflavonoids	200 mg	†
Rutin	30 mg	†

† Daily Value not established.

Other ingredients: Cellulose, Stearic Acid (vegetable source), Croscarmellose Sodium, Magnesium Stearate (vegetable source), Silica and Tablet Coating.

Formulated & Distributed by NOW FOODS

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For more product information visit www.nowfoods.com/0605

Store in a cool, dry place after opening. Please Recycle