

Exceptional formula for healthy, restful sleep*

Say goodbye to sleepless nights! Enjoy the healthy benefits of sound sleep with the scientifically proven ingredients in **Rest-Fully™**.

Recommendation: Some experts advise not using products with melatonin during pregnancy. If you are pregnant, nursing, taking medications or planning a medical procedure, consult your health care provider before use. Store **Rest-Fully™** in a cool, dry place.

WARNING: Do not use if either the printed inner or outer safety seal is broken or missing.

Guaranteed for purity and labeled potency. Contains no fish, shellfish, wheat (gluten), eggs, peanuts, tree nuts or soy.



KEEP OUT OF THE REACH OF CHILDREN UNDER THE AGE OF 18.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Have a question? Call 800-443-5500
For more information go to amrion.com
Manufactured for Amrion Nutraceuticals, LLC
13333 E. 37th Avenue, Denver, CO 80239



Lot

Best By



AMRION
NUTRACEUTICALS

Rest-Fully™

Promotes

- Healthy sound sleep*
- Falling asleep faster*
- Waking refreshed, not groggy*

*Safe for nightly use, non habit-forming**

NUTRIENT SUPPLEMENT

90 Capsules

Suggested Use: As a nutrient supplement, take 1 to 3 capsules about 30 minutes before bedtime.

Supplement Facts

Serving Size 3 Capsules

Servings Per Bottle 30

	Amount Per Serving	% Daily Value
Total Carbohydrate	< 1 g	< 1%†
Magnesium (as magnesium oxide)	125 mg	31%
Melatonin	1 mg	**
Hydrolyzed Milk Protein ††	105 mg	**
gamma-Aminobutyric Acid (GABA)	100 mg	**
Botanical Relaxation Blend	550 mg	**

Valerian Root Extract standardized to 0.8% valerenic acids, Lemon Balm Leaf Extract standardized to 2% rosmarinic acid and Hop Strobile Extract standardized to 3% flavonoids.

† Percent Daily Value based on a 2,000 calorie diet.

** Daily Value not established.

Other ingredients: Gelatin, rice flour, vanilla powder, vegetable source magnesium stearate and silicon dioxide.

†† Hydrolyzed milk protein in **Rest-Fully™** is Lactium 908, developed by Ingredia Nutritional to promote restful sleep.*

Contains milk protein

Does not contain lactose