

ACTUAL SIZE



CODE 3124

V4

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

system of India.

Holy Basil [*Ocimum tenuiflorum* (also known as *Ocimum sanctum*)] has been shown to possess powerful adaptogenic properties and has been used to enhance the body's ability to respond to stress and minimize the negative effects of stress on the body. In addition, animal studies have demonstrated that Holy Basil can support carbohydrate metabolism and, as a result, healthy blood glucose levels.* Holy Basil is revered as a sacred plant in Ayurveda, the traditional therapeutic

SUGGESTED USAGE: As a dietary supplement, take 1 Vcap®

1 to 2 times daily, preferably with food. Consider taking this product in combination with NOW® Relora®, SAME and P-5-P.



Holy Basil Extract

ADAPTOGENIC HERB

- Helps Body Adapt to Stress
- Supports Healthy Blood Glucose Levels*

500 mg
90 Vcaps®

A Dietary Supplement
Vegetarian Formula



Supplement Facts

Serving Size 1 Vcap®

Amount Per Serving

Holy Basil Extract (Tulsi Extract) (Leaves) 500 mg*
(*Ocimum tenuiflorum*) (Standardized to min. 2% Ursolic Acid)

* Daily Value not established.

Other Ingredients: Cellulose (capsule), Magnesium Carbonate, Maltodextrin, Silica, Rice Flour and Magnesium Stearate (vegetable source).

Manufactured by NOW FOODS

395 S. Glen Ellyn Rd., Bloomington, IL 60108

Made in the U.S.A. www.nowfoods.com

Contains no sugar, salt, yeast, wheat, gluten, soy, milk, egg, shellfish or preservatives.

Vcaps® is a registered trademark of Capsugel.

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place. Please Recycle.

Vegetarian/Vegan Product.