

CAPSULE SIZE

CODE 0992 V3



Do Not Eat Freshness Packet. Keep in Bottle.

Keep out of reach of children.

Caution: For adults only. Consult your physician

if pregnant/nursing, taking any anti-coagulant

drugs (such as warfarin, coumadin, heparin) or

other medication, or have a medical condition.

Keep out of reach of children.

from natto, a traditional Japanese fermented soyfood.*

Vitamin K is well known for its role in the synthesis of a number of blood coagulation factors. During recent years however, Vitamin K₂ and its dependent proteins have been discovered to be of vital importance for bone and vascular health. These Vitamin K₂-dependent proteins are now known to play pivotal roles in the physiology of bone mineralization, as well as in the maintenance of vascular elasticity. NOW® MK-7 contains a highly biologically active form of Vitamin K₂ derived from natto, a traditional Japanese fermented soyfood.*

SUGGESTED USAGE: As a dietary supplement, take 1 capsule daily with a meal. Consider taking these other NOW® products: Vitamin D and Calcium.



MK-7 Vitamin K-2

SUPPORTS BONE HEALTH

100 mcg

- Natural source from Natto
- Promotes Arterial Health*

60 Veg Capsules

A Dietary Supplement



Supplement Facts

Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
Vitamin C (from Ascorbyl Palmitate)	2 mg	3%
Vitamin K ₂ (as Menaquinone-7) (MK-7) (from Natto) (soy)	100 mcg	125%

Other ingredients: Rice Flour, Cellulose (capsule), Gelatin, Ascorbyl Palmitate and Silica.

Manufactured by NOW FOODS

395 S. Glen Elyn Rd., Bloomington, IL 60108, USA

For more product information visit www.nowfoods.com/0992

Not manufactured with wheat, gluten, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening. Please Recycle.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.