

CAPSULE SIZE



Made in the USA

CODE 0990

V3

Caution: For adults only. Consult physician if pregnant/nursing, taking medication (especially anti-coagulant drugs such as warfarin, coumadin, heparin), or have a medical condition. Keep out of reach of children.

source of natural Vitamin K.

Although Vitamin K is best known for its role in normal blood clotting function, recent research has revealed Vitamin K's beneficial effects on bone and cardiovascular health. In bone tissue, Vitamin K is critical for the formation of healthy, strong bone matrix. In fact, bone quality is dependent on the presence of adequate Vitamin K. Vitamin K's role in arterial health revolves around its ability to support proper calcium metabolism in vascular structures. Vitamin K₂ is the most biologically active form of Vitamin K. It is also the most beneficial for bone integrity, as well as for the support of arterial health.* This product also includes the addition of Alfalfa which is typically known to be a rich source of natural Vitamin K.

SUGGESTED USAGE: As a dietary supplement, take one capsule daily with a meal. Consider taking these other NOW® products, Vitamin D and Calcium.



Vitamin K-2

SUPPORTS BONE HEALTH

100 mcg

- Most Biologically Active Form
- Supports a Healthy Cardiovascular System*
- With 300 mg of Alfalfa

100 Veg Capsules

A Dietary Supplement
Vegetarian/Vegan



Supplement Facts

Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
Vitamin C (from Ascorbyl Palmitate)	2 mg	3%
Vitamin K ₂ (as Menaquinone)	100 mcg	125%
Alfalfa	300 mg	†
† Daily Value not established.		

Other ingredients: Cellulose (capsule), Rice Flour, Maltodextrin and Silica

Manufactured by NOW FOODS

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For more product information visit www.nowfoods.com/0990

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens. **Do Not Eat Freshness Packet. Keep in Bottle.**

Store in a cool, dry place after opening. Please Recycle.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.