

CAPSULE SIZE



Made in the USA

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Apple Pectin is a source of water soluble fiber which has a gel-forming effect when mixed with water. As a dietary fiber, Apple Pectin may be helpful in supporting good intestinal health.*

SUGGESTED USAGE: As a dietary supplement, take 2 capsules 1 to 3 times daily with 8-10 oz. of water or juice, preferably 30 minutes before meals. Be sure to consume additional fluids throughout the day. Start with smaller dosages and gradually increase over several weeks.



Apple Pectin

INTESTINAL SUPPORT

700 mg

- Great Source of Dietary Fiber
- Supports Regularity*

120 Capsules

A Dietary Supplement



Supplement Facts

Serving Size 2 Capsules
Servings Per Container 60

	Amount Per Serving	% Daily Value
Total Carbohydrate	1 g	< 1%*
Dietary Fiber	1 g	4%*
Sugars	< 1 g	
Apple Pectin Powder	1.4 g (1,400 mg)	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Gelatin (capsule) and Stearic Acid.

Manufactured by NOW FOODS

395 S. Glen Elyn Rd., Bloomingdale, IL 60108, USA

For more product information visit www.nowfoods.com/6425

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place after opening. Please Recycle.