

Do not accept if seal is broken. Product No. 14506

Store between 59°-86° F. Keep out of the reach of children.

Notice: Use this product as a food supplement only. Do not use for weight reduction. Contents packed by weight not volume. Some settling may occur. See container for "Lot No." and "Best by" date.

The milk used to make this all natural whey protein is free of artificial hormones such as rBGH and rBST.

Whey protein has a high biological value and rich in amino acids.

Hormone-Free Whey Protein Concentrate is Sourced and Manufactured in the USA.

THIS PRODUCT CONTAINS:

- NO Artificial Flavors
- NO Artificial Colors
- NO Artificial Sweeteners
- NO Artificial Hormones such as rBGH and rBST
- NO Gluten
- NO Wheat

TYPICAL AMINO ACID PROFILE:

AMINO ACID	g/serving	AMINO ACID	g/serving	AMINO ACID	g/serving
Aspartic Acid	2.12	Valine	1.12	Lysine	2.08
Threonine	1.24	Isoleucine	1.22	Arginine	0.46
Serine	0.98	Leucine	2.04	Proline	1.16
Glutamic Acid	3.38	Tyrosine	0.62	Cystine/Cysteine	0.54
Glycine	0.34	Phenylalanine†	0.60	Methionine	0.40
Alanine	0.98	Histidine	0.32	Tryptophan	0.38

NO: Yeast, wheat, gluten, preservatives, artificial color, artificial flavor or artificial sweeteners.

† Phenylalanine and Tryptophan are not added to this product; they are naturally occurring in the whey.

100% Natural Whey Protein is for anyone who desires additional protein in their daily diet.

Also Available in These Great Flavors: Natural Vanilla Flavor and Natural Flavor.

IRON-TEK®
CLEAN PERFORMANCE

WHEY PROTEIN

WHEY PROTEIN CONCENTRATE POWDER

- 100% Natural, 99% Undenatured Whey Protein Concentrate
- 20 Grams of Protein per serving
- Gluten-Free



Dietary Not a Food

DIRECTIONS FOR USE: Adults, mix one (1) scoop (35 g) (1.2 oz.) with one (1) cup (8 fl. oz.) (236 mL) of cold water or your favorite beverage. Shake or blend as desired. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 scoop (35 g)(1.2 oz.)

Servings Per Container About 12

Amount Per Serving		% Daily Value
Calories	140	
Calories from Fat	25	
Total Fat	2.5 g	4%*
Saturated Fat	1.5 g	8%*
Cholesterol	50 mg	17%*
Total Carbohydrate	8 g	3%*
Sugars	6 g	**
Protein	20 g	40%*
Calcium	207 mg	21%
Phosphorus	73 mg	7%
Magnesium	48 mg	12%
Sodium	33 mg	1%
Potassium	246 mg	7%
Whey Protein Concentrate	27 g	**
Stevia Extract (Stevia rebaudiana)leaf	86.25 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Organic evaporated cane juice sugar, cocoa powder, soy lecithin, maltodextrin, natural vanilla flavor, xanthan gum, natural cocoa flavor, gum arabic. Contains milk and soy.

WARNING: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

This product has been manufactured at an NSF GMP Registered facility.

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Manufactured by Country Life, LLC (Iron Tek)

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CountryLifeVitamins.com



Natural Chocolate Flavor
with other natural flavor