

ACTUAL SIZE

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CODE 3056



healthy hormone balance.*

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Immune Renew™.



Indole-3-Carbinol

SUPPORTS CELLULAR HEALTH

I3C - 200 mg

- With Flax Lignans
- Powerful Antioxidant*

60 Vcaps®

A Dietary Supplement
Vegetarian Formula



Supplement Facts

Serving Size 1 Vcap®

Amount Per Serving

Indole-3-Carbinol (I3C)

200 mg*

LinumLife® Complex (Flax Seed Lignan Extract) 200 mg*
(*Linum usitatissimum*) (Seed Coat) (min. 4% Lignans)

* Daily Value not established.

Other ingredients: Cellulose (capsule), Rice Bran, Silica and Magnesium Stearate (vegetable source).

Manufactured by NOW FOODS, 395 S. Glen Ellyn Rd.

Bloomington, IL 60108 Made in the U.S.A. www.nowfoods.com

Contains no sugar, salt, yeast, wheat, gluten, corn, soy, milk, egg, shellfish or preservatives.

Vegetarian/Vegan Product

LinumLife® is a registered trademark of Frutarom Netherlands B.V. or its affiliates. Vcaps® is a registered trademark of Capsugel.

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place. Please Recycle.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.