

CODE 3046

V5

Made in the USA



CAPSULE SIZE

Do Not Eat Freshness Packet. Keep in Bottle.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Many nutritionists and researchers refer to Alpha Lipoic Acid (ALA) as the "universal antioxidant" based on its fatwater solubility. This allows it to travel to virtually any cell in the body to quench cell damaging oxidation. In addition, ALA has been shown to increase the free radical fighting abilities of other vitamins and antioxidants, especially C and E.

NOW® ALA 600 mg uses only the highest grade Alpha Lipoic Acid available. To further support antioxidant activity, we've added 30 mg of Grape Seed Extract and 5 mg of Bioperine®, a potent compound that helps enhance the absorption of ALA.*

SUGGESTED USAGE: As a dietary supplement, take 1 capsule 1 to 2 times daily, preferably with food.



Alpha Lipoic Acid

UNIVERSAL ANTIOXIDANT*

600 mg - Extra Strength

**With Grape Seed Extract
& Bioperine®**

60 Veg Capsules

A Dietary Supplement
Vegetarian/Vegan



Supplement Facts

Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
Alpha Lipoic Acid	600 mg	†
Grape Seed Extract (<i>Vitis vinifera</i>) (Standardized for Polyphenols)	30 mg	†
Bioperine®	5 mg	†

† Daily Value not established.

Other ingredients: Cellulose (capsule), Cellulose Powder, Silica and Magnesium Stearate (vegetable source).

Formulated & Distributed by NOW FOODS

395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA

For more product information visit www.nowfoods.com/3046

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This extra strength product has more Alpha Lipoic Acid (600 mg per capsule) than our regular strength product (100 mg per capsule).

Bioperine® is a registered trademark of Sabinsa Corporation.

Store in a cool, dry place after opening. Please Recycle.