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Do not accept if seal is broken.
Product No. 6562 Store between 59°-86° F.
Keep out of the reach of children.

Pure Inositol powder - Absolutely no binders
 or fillers are used in this product.

NO: Yeast, wheat, soy, gluten, milk, salt, sugar,
 preservatives or artificial color.



Lot No:

Best by:



B VITAMINS

INOSITOL POWDER

Net wt. 2 oz. (56 g)

Dietary Supplement



Directions: Adults take 1/4 (550 mg) to 1/2 (1,100 mg) teaspoon.
 May be mixed with water, fruit juice or sprinkled on food. As a
 reminder, discuss the supplements and medications that you
 take with your health care providers.

Supplement Facts

Serving Size 1/2 teaspoon (1.1 g)

Servings Per Container About 50

Amount Per Serving

Inositol	1,100 mg (1.1g) *
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* Daily Value not established.

WARNING: If you are pregnant or nursing, taking medication or
 planning a surgery, consult your doctor before using this product.
 If any adverse reactions occur, stop taking the product and
 consult your doctor.

NO: Yeast, wheat, soy, gluten, milk, salt, sugar, preservatives or
 artificial color.

Manufactured by Country Life, LLC

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Hauppauge, NY 11788

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