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Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

ACTUAL
SIZE

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Place UPC
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GNC

Vitamin B-12 500

DIETARY SUPPLEMENT

*essential for energy
production*

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

500 mcg

100  Vegetarian TABLETS

CODE 099313

JJG

Directions: As a dietary supplement, take one or two tablets daily.

Supplement Facts

Serving Size One Tablet

Amount Per Serving	% Daily Value
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Vitamin B-12 (as Cyanocobalamin) 500 mcg	8333%
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Other Ingredients: Dextrose, Dicalcium Phosphate, Whole Brown Rice Powder (*Oryza sativa*).

Potency verified by GNC procedure #5037.

Conforms to USP <2091> for weight.

Meets USP <2040> disintegration.

No Artificial Colors, No Artificial Flavors,
No Preservatives, Sodium Free, No Wheat,
No Gluten, No Soy, No Dairy, Yeast Free.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

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Lot No./Best By: